

Dear colleagues,

Our bi-annual Conference took place in Stockholm from May 13th to 15th. It was really good to be together again and it confirmed once more how important it is for us, specialized kinesiologists, to meet at an international level, to simply share what we know, on an equal footing and with no hidden agenda. We were really glad and it brought to mind the aims of IASK:



Group of IASK members during the cruise

« IASK is an international membership association of active Kinesiologists – a group of friends - who convey worldwide the spirit and ideals of Kinesiology.

IASK brings together practitioners of all forms of Kinesiology.

The members of IASK support inspire and enrich each other in their own personal development and professional work.

The abundance of knowledge and experience worldwide can, through sharing, become an invaluable source of productivity and creative growth.”

One of the most rewarding results of this latest gathering of like-minded colleagues is the creation of the International Research network IASK has been advocating all along. In fact that was one of the main reasons why, back in 1987, Jim Reid and Gordon Stokes chose to found IASK and added an ‘I’ to the existing ASK (Association of Specialized Kinesiologists) which then became ASK-US and lately EnKA (Energy Kinesiology Association).

So the Pre-conference Research workshop, very effectively facilitated by Magnus Birk Clausen, led to the setting up of a kind of Research Council, which we have decided to call Research Network for the time being. Many of us have been asking for more cooperation in order to develop relevant and appropriate research protocols, set up pilot studies and then full-fledged research projects, analyse the results, and, last but not least publish them. Members of IASK, IKC, TFHKA and other organizations are going to join forces to help validate the effectiveness of our work. Wayne Topping presented 2 research protocols, with which we are going to start the ball rolling, and we will soon need your help; we shall come back with firmer requests for participation when the members of the network have finalized the protocols. Both IASK and IKC have put aside moneys to fund research. The current President of IKC, Sandy Gannon, has reiterated her willingness to convince the College to fully participate in the network. The President of Three In One Concepts, Anastazyia Wada, has also announced that she is willing to actively participate in this common venture.

We also had our now usual presentations and country reports time; this was most interesting and quite useful to get a picture of what’s going on in the world. The participants are sending in a written report, which will be published in the Newsletter as we get them; we shall post them later on the website: www.iask.org

Hugo Tobar, Philip Rafferty, Johanna Keller-de-Wild and Sabine Rosèn took advantage of ‘My Best Idea’ sessions to give memorable presentations, both entertaining and enriching! The Swedish keynote speakers, Mac Pompeius Wolontis, Harald Blomberg and Björn Westin, and our Brazilian colleagues, Ignez Lopes de Carvalho and Daniele Ribeiro also shared with much generosity some of their own protocols that are readily applicable in private sessions.

We held our Annual General Meeting. We were happy to welcome two new very dynamic members to the Board: Sylvie Averseng (France) and Sabine Rosén (Sweden). The membership voted unanimously in favour of the amendments to the Bylaws submitted by the Board. The main change relates to the membership of colleagues who are already members of a professional organization that is an Associate member of IASK. They can now *'become regular members of IASK for half the dues of the regular membership fee'*. We hope that this move will encourage more professional associations to become active at the international level. We shall publish the full AGM minutes in our next Newsletter.

We very much enjoyed also the post-conference workshops with Harald Blomberg and Björn Westin. Both of them gave us several opportunities to work on ourselves:



Harald crawled on the floor - and had us crawl with him to experience first hand what rhythmic movement training entailed. Björn had us prick our ears with a special wooden needle and then place a mustard seed on the spot (to be kept there for 7 days). Both workshops were enriching and healing too.

The ambiance on the cruise boat Saturday night made for one of the best gala evenings I have been part of. I highly recommend that cruise on the Baltic, outside Stockholm's beautiful harbour, although a lot of the fun was being with friends and enjoying mixing together and then dancing together.

I finally have to mention the beautiful conference rooms, hearty vegetarian meals and great organization by our former board members, Birgitta Birath and Mia Dalle Näf !

I thank them and also all those of you who managed to make it to Stockholm.

Nicolette Peyre