

IASK



IASK - Contact Address: 320, Chemin de Labourdette - 31380 / Gragnague-France
NEWSLETTER - SEPTEMBER/OCTOBER 2011

"IASK is an International Membership Association
of Active Kinesiologists, a group of friends, who convey worldwide
the Spirit and ideals of Kinesiology"

WELCOMING WORDS FROM THE PRESIDENT

DEAR COLLEAGUES,

Our bi-annual Conference took place in Stockholm from May 13th to 15th. It was really good to be together again and it confirmed, once more, how important it is for us, Specialized Kinesiologists, to meet at an international level, to simply share what we know, on an equal footing and with no hidden agenda. We were really glad and it brought to mind some of the aims of IASK:

- *IASK brings together practitioners of all forms of Kinesiology.*
- *The members of IASK support inspire and enrich each other in their own personal development and professional work.*
- *The abundance of knowledge and experience worldwide can, through sharing, become an invaluable source of productivity and creative growth."*

One of the most rewarding results of this latest gathering of like-minded colleagues is the creation of the **International Research Network IASK** has been advocating all along. In fact that was one of the main reasons why, back in 1987, Jim Reid and Gordon Stokes chose to found **IASK**.

So the Pre-conference Research workshop, very effectively facilitated by Magnus Birk Clausen, led to the setting up of a kind of Research Council, which we have decided to call **Research Network** for the time being. Many of us have been asking for more cooperation in order to develop relevant and appropriate research protocols, set up pilot studies and then full-fledged research projects, analyse the results, and, last but not least publish them. Members of **IASK**, **IKC**, **TFHKA** and other organizations are going to join forces to help validate the effectiveness of our work. Wayne Topping presented 2 research protocols, with which we are going to start the ball rolling, and we will soon need your help; we shall come back with firmer requests for participation when the members of the network have finalized the protocols. Both **IASK** and **IKC** have put aside moneys to fund research. The current President of **IKC**, Sandy Gannon, has reiterated her willingness to convince the College to fully participate in the network. The President of Three In One Concepts, Anastazyia Wada, has also announced that she is willing to actively participate in this common venture.

We also had our now usual presentations and country reports time; this was most interesting and quite useful to get a picture of what's going on in the world. The participants are sending in a written report to info@iask.org, which will be published in the Newsletter as we get them; we shall post them later on the website: www.iask.org

Hugo Tobar, Philip Rafferty, Johanna Keller-de-Wild and Sabine Rosén took advantage of 'My Best Idea' sessions to give memorable presentations, both entertaining and enriching! The Swedish keynote speakers, Mac Pompeius Wolontis, Harald Blomberg and Björn Westin, and our Brazilian colleagues, Ignez Lopes de Carvalho and Daniele Ribeiro also shared with much generosity some of their own protocols that are readily applicable in private sessions.

We held our **Annual General Meeting**. We were happy to welcome two new very dynamic members to the Board: Sylvie Averseng (France) and Sabine Rosén (Sweden). The membership voted unanimously in favour of the amendments to the Bylaws submitted by the Board. The main change relates to the membership of colleagues who are already members of a

professional organization that is an Associate member of **IASK**. They can now 'become regular members of **IASK** for half the dues of the regular membership fee'. We hope that this move will encourage more professional associations to become active at the international level. We shall publish the full **AGM** minutes in our next Newsletter.

We very much enjoyed also the post-conference workshops with Harald Blomberg and Björn Westin. Both of them gave us several opportunities to work on ourselves:

Harald crawled on the floor - and had we crawl with him to experience, first hand, what rhythmic movement training entailed. Björn had us prick our ears with a special wooden needle and then place a mustard seed on the spot (to be kept there for 7 days). Both workshops were enriching and healing too.

The ambiance on the cruise boat Saturday night made for one of the best gala evenings I have been part of. I highly recommend that cruise on the Baltic, outside Stockholm's beautiful harbour, although a lot of the fun was being with friends and enjoying mixing together and then dancing together.

I finally have to mention the beautiful conference rooms, hearty vegetarian meals and great organization by our former board members, Birgitta Birath and Mia Dalle Näf!

I thank them and also all those of you who managed to make it to Stockholm.

Nicolette Peyre

IASK - A Brief Historical Overview

This '**BRIEF HISTORICAL OVERVIEW**' of **IASK** was written during the **IASK** Working Meeting at the Hof van Axen in the Netherlands in May 2000 By Richard and Shanti Duree with further contributions by Andrew Verity, Coby Schasfoort-Spanbroek and Annemarie Goldschmidt, all members of our **Board of Advisors**. The caveat at the beginning of the text read: 'This overview is written from memory and not from our personal historical notes or Board Minutes. There may be minor discrepancies with the actual facts. Some of this comes from our personal observations and some from what others have told us. If we have forgotten anyone or anything pertinent to the process we apologize for the oversight, it was not intentional.

"In the 1980s practitioners in TFH began to take Kinesiology in many different directions and with these new directions developed a need, the need to have a forum for the expression, sharing and support of these new ideas.

In 1986 Jim Reid approached Gordon Stokes and suggested that an organization be created for all Kinesiologists. Gordon thought it was a good idea and the **Association of Specialized Kinesiologists, ASK**, was created. Later Gordon Stokes suggested that an "**I**" be placed in front of the **ASK for International and IASK** was then incorporated as a Non Profit Association in the State of Nevada, USA. A small meeting was arranged in 1987 and for the first time **Specialized Kinesiologist** was used in commerce as a Service Mark, **SM** on the **IASK** Professional Membership Certificates. The First Elected President was Jim Reid.

The first **IASK** meeting was an informal group of 14 people who came together in 1988 at Las Vegas Nevada USA and began to formulate what **IASK** would be. The energy behind this new group grew very quickly and soon there were different types of memberships from associate and student through to professional. By the second meeting also held in Las Vegas the format for the yearly conferences was in place. People from all over the world began meeting and sharing ideas and the concept of an **IASK** Journal began and was in place by the third conference, a research division also grew from these humble beginnings.

It was at this time that the **IASK** Board began receiving requests for the creation of Country Chapters. **IASK** then began to grow faster than anyone could have imagined. The Board of Directors was and is still a volunteer Board that is composed of **IASK** Members who are elected by the Membership (YOU). They are not now, nor have they ever, held paid positions with the organization and were not prepared for these developments: Imagine sitting in the **IASK** office and receiving important letters and requests in several different languages, with or without translations, and attempting to guess the meanings of the communications and answer them.

In the beginning the Board consisted of US Citizens, because in the beginning all **IASK** Members were North Americans, and they were all native English (American English) speakers. They were elected for terms of several years and many were re-elected. Thus there were primarily North Americans on the Board for many years. This means that communication with chapters was not always clear because people who do not speak a particular language, as their native tongue, do not know how people think in another language, translations do not necessarily convey meaning. This is the area in which most of the misunderstandings and problems occurred in the past.

Many mistakes were made by the **IASK** Board and the individual Country Chapters; not intentionally, but because of a lack of truly understanding each other's positions or in translation of ideas, rules or desires.

There was, and is, no possible way for an International Board to understand all of the underlying political issues in a particular geographical area. For any mistakes, oversights or neglect perceived by any Country Chapter or International Member we sincerely apologize. It has never, to our knowledge, been the intention of any Board Member to do anything but support **Kinesiology** worldwide.

There were successive conferences held each year and at the Conference in Denmark 1999 it was suggested that a working meeting be held in 2000 at the Hof van Axen in Aalden Netherlands. At this meeting a new spirit of commitment and

dedication was born and the original spark of **IASK** was re-ignited. Margriet De Wild of Switzerland became our new President and the Board members elected then were mostly Europeans. The current Board speaks English, German, French, Spanish, Dutch, Danish and Portuguese.

During the meeting at Hof van Axen (Netherlands) the Board voted to change IASK into a direct membership association, and to do away with national Chapters. The main reason being that there was a lack of commitment from Chapters due in large part to the communication difficulties encountered by the Board of IASK in the past.

However, national chapters did not accept the 2001 decision. Some of them were disbanded, others cut all communication with IASK, and numbers fell immediately. Since then, it has been an uphill battle to let colleagues know about the existence of our association.

In the following 10 years we wrote new Bylaws and incorporated IASK in Europe (the old papers founding IASK were not valid anymore because no one had taken care of filing in the necessary documents in Nevada) and it is now a non-profit international association under French legislation.

We have set up a multi-lingual website whose main purpose is to gather and offer information from all countries and regions around the world relative to their legal environments, training requirements and course accreditation criteria, research projects and news. Our main challenge has been and still is, to get the basic information to put on our website. It seems to me that this is not possible without the help of national associations. The next step, now that we have dealt with the more urgent matter of stabilizing IASK legally and financially, is to find a way to get both national associations and their members really involved into the life and goals of IASK. This is the objective of the proposed change to the bylaws that I mentioned at the beginning of our conference. The board has voted to propose a change in the Bylaws that will enable Professional associations, which are associate members of IASK, to offer their members to become IASK regular members at a lower cost than members at large.

We have held our bi-annual conferences and annual general meetings in different countries (mainly European and North American). The next General Meeting will be held in the USA in June 2012, under the auspices of EnKA's annual Conference. I invite you to come to the States next year. You will not regret that experience.

Our latest project is to conceive a scientifically reliable research project and then to finance a pilot that will hopefully develop into a full-fledged research project with funds from organizations such as the European Union. We are very excited by the opportunity to work together with members of IKC and TFHKA on that project.

The current Board includes members from Belgium, Brazil, Denmark, France, Italy and USA.

Annemarie Goldschmidt was our President after the Paris Conference and until our last AGM in May 2010. Our Vice-President, Verônica Affonso did not feel up to it, at this time in her life and I was elected again.

Three members are leaving the Board. Ann Mc Ferron, our American member and current Secretary has a full time and more job managing her lovely project at Turtle Rock Farm. Mia Dalle Näf, has started a business of her own and also needs to look after her young children. She feels she cannot give enough time to the association and chose to step down now. Sylviane Benacher Vrillonneau, our current Treasurer, is leaving the Board after many years of service to IASK. Sylviane has been our Jack of all trades at the Board: on top of looking after the accounts and the membership, she has hosted IASK Home Office - and most board meetings in person at her place near Melun, taken care of printing and sending the Newsletters and certificates and stickers, organized our 2007 Conference in France. She has also started a business with her husband and does not have enough time to go on being a board member. She has done so much for IASK over the years that the Board has decided to offer her the statute of Honorary member.

New members are willing to join the Board: Sylvie Averseng, from France and Sabine Rosén, from Sweden.

I do think that when Associations will understand that they can offer a much wider context to their members by joining IASK, we will reach our goal and offer the community of Specialized Kinesiologists world-wide, the reference material needed to advance the our common cause.

Thank you,
Nicolette Peyre

2011 ANNUAL GENERAL MEETING
OF THE INTERNATIONAL ASSOCIATION OF SPECIALIZED KINESIOLOGISTS - IASK
Stockholm, Sweden, May 13th, 2011
("Minutes" - Held during the 2011, IASK Conference)

1 - Welcome by the President

Nicolette Peyre opens the meeting and welcomes everybody. The attendees introduce themselves.

2 - Proclamation of Chairperson

Annemarie Goldschmidt is proclaimed Chairperson of the AGM.

3 - Proclamation of Recording Secretary

Diego Vellam is proclaimed Recording Secretary for the AGM.

4 - Acceptance of the minutes from the 2010 AGM in Copenhagen, Denmark.

The minutes are approved.

5 - Report from the President

Nicolette Peyre started off by recounting briefly the history of IASK, in order for those who do not know it to better understand the situation and to introduce item 7 on our Agenda: a change in the Bylaws aimed at getting both national associations and their members really involved into the life and goals of IASK.

In 2000, the Board voted to change IASK into a direct membership association, and to do away with national Chapters. The main reason being that there was a lack of commitment from Chapters due in large part to the communication difficulties encountered by the Board of IASK in the past. The current board does not suggest reintroducing chapters as such but to encourage associations to offer a much wider context to their members by joining IASK; all together, we can reach our goal and offer the community of Specialized Kinesiologists world-wide, the reference material needed to advance our common cause.

IASK has dealt with the more urgent matter of stabilizing IASK legally and financially and has set up a multi-lingual website whose main purpose is to gather and offer information from all countries and regions around the world relative to their legal environments, training requirements and course accreditation criteria, research projects and news. Our main challenge has been and still is, to get the basic information to put on our website. It seems that this is not possible without the help of national associations. The board has voted to propose a change in the Bylaws that will enable Professional associations, which are associate members of IASK, to offer their members to become IASK regular members at a lower cost than members at large.

Annamarie Goldschmidt was our President after the Paris Conference in 2007 and chose to become a member of the board again during our last AGM in May 2010, in order to fulfil her many other important projects. Three members of the Board, Mia Dalle Näf, Ann McFerron and Sylviane Benacher Vrillonneau, leave the Board because of too many personal engagements. New members are willing to join the Board: Sylvie Averseng, from France and Sabine Rosén, from Sweden.

Our latest project is to conceive scientifically reliable research projects to help validate the effectiveness of our work. The pre-conference Research workshop led to the setting up of a kind of Research Council, which we have decided to call Research Network for the time being. Members of IASK, IKC, TFHKA and other organizations are going to join forces in order to develop relevant and appropriate research protocols, set up pilot studies and then full-fledged research projects, analyse the results, and, last but not least publish them.

We have held our bi-annual conferences and annual general meetings in different countries (mainly European and North American). The next General Meeting will be held in the USA in June 2012, under the auspices of EnKA's annual Conference (June 14th-16th). Our next Conference will be held in Rio de Janeiro, Brazil, in May 2013.

6 - Financial report:

The Treasurer, Sylviane Benacher Vrillonneau, prepared the financial report with the help of Denyse Saint Arroman. Igeez Lopes de Carvalho (Brazil) and Sylvie Averseng (France) checked the accounts. The financial report was approved and the outgoing members discharged unanimously.

7 - Additions to the Bylaws (indicated here below *in bold and italics*):

"7 - Dues

a) There shall be dues to the Association for all membership categories except category 2 (Honorary Membership). ***Members of professional membership associations (except schools) which are members of IASK can become regular members for half the dues of the regular membership fee.***

"10 - Meetings

a) The Board of Directors shall meet in person at least twice a year. ***Board members who cannot travel to meet in person can be excused if they attend at least 75% of the Board monthly or by-monthly Skype meetings.***

Both changes were approved unanimously.

8 - Elections:

Sabine Rosén from Sweden and Sylvie Averseng from France were candidates to the Board and introduced themselves. Verônica Affonso and Nicolette Peyre were standing for re-election on the Board. All four are elected by acclamation.

9 - Website and Newsletter:

The Board has decided to have the website changed into a word-press platform to enable us to make minor modifications and keep it up to date more easily. We will still need the help of an expert/webmaster for major changes.

The News from the Board that were sent by e-mail has not always reached the members. It is reaffirmed on this occasion the importance of sending the IASK Newsletter in its "paper" version at least once a year to all IASK members. The members are asked to inform the Board if they change addresses, including their new Email addresses.

10 - Membership and dues:

Dues: the Board's suggestion that they remain at their present level of 40 Euros for regular member, 20 Euros for regular members also members of an associate professional membership association (not schools), 20 Euros for supporting member and 100 Euros for associate member, was approved.

11- Date and place of 2012 AGM:

The 2012 AGM takes place during the next ENKA Conference, which is to be held in San Francisco on June 14th - 16th, 2012.

12- Date and place of 2013 AGM and International IASK Conference:

The 2013 AGM will take place during the next IASK Conference, which is to be held in Brazil in May 2013.

13 - Miscellaneous:

- + Johanna Keller-de Wild points out that the very word "**Chapters**" reminds of unpleasant memories from previous **IASK** history, and should be avoided.
- + **Research:** Hugo Tobar confirms that the newborn research group in **IASK** is called "Research Network".
- + Sandy Gannon suggests contacting Jimmy Scott to check his interest in being part of this group. Alexandra Tobar says that she wants to be part of the network.
- + **Website:** Denyse Saint Arroman says that, regarding item 9 on the agenda, Word Press can result convenient and effective, and that the responsibility to modify the **IASK** web site should be restricted only to whom has been appointed to this task.
- + **Logo:** Anastazy Tomoko Wada asks permission to put the **IASK** logo with a link to the relative web site within the official web site of Three in One Concepts; although there is no way to check what the copyright situation is, legal problems may nonetheless arise.
- + Nicolette Peyre proposes to modify the **IASK** logo.

Nicolette Peyre warmly thanks the participants and Birgitta Birath and Mia Dalle Näf for the good organization of the Conference.

THE STATE OF KINESIOLOGY IN THE COUNTRIES

At the Conference, May 13th - 15th 2011 in Stockholm - Sweden, all the participants kindly shared information about the situation for Kinesiology in their country. These reports were the participants' personal point of view, not an official report from the board in their country.

The IASK Board asked the conference participants to send their report in writing, and below you'll find what we have received so far. We do hope we will be able to share more with you in the next Newsletter, just as we will encourage anyone of you to send in case stories from your own everyday life with your clients.



ITALY BY DIEGO VELLAM

The current situation in Italy is very problematic from a social and political point of view. In a very unpredictable scenario the themes regarding Non Conventional Medicines, and Kinesiology in particular, appear at present quite secondary to the government. So, things basically keep moving along, without significant attention nor regulations.

On the other side the different associations for Kinesiology in Italy appear more concerned to care about each other's individual interests rather than to the Discipline in itself. These separations do not help and are very different from the corporative spirit that is present by tradition within, for example, the Italian Medical Association. An exception in this picture may be considered the Federation of Kinesiology (Federazione di Kinesiologia) in Italy, a non profit organization approved by the Italian Government. As explicitly indicated in the memorandum of this association, the object of the Federation of Kinesiology is that of "fostering the knowledge and the use of the resources offered by Kinesiology in all of its different branches and aspects, as well as the resources provided by other disciplines synergic or similar to it, in a view directly pointed to the best health and wellness for each individual." Since 2006 to the Federation of Kinesiology has been recognized the right to benefit from 5 x 1000 of the revenues paid by taxpayers, when so indicated in the relative statement of income.

It may be regarded as positive also the fact that the Italian Health Ministry has approved within its ECM Program (Continuous Education in Medicine) four Kinesiology Courses that have been specifically developed by the Academy of Kinesiology of Dr. Diego Vellam in Italy.

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DENMARK BY ANNEMARIE GOLDSCHMIDT

In March 2011 the Danish Kinesiologist Association decided to end its membership of IASK. It is really sad. Many Kinesiologists, though, are against the decision, so I will keep my fingers crossed, that the situation will

develop into a renewed membership.

Dansk Pædagogisk Kinesiologiskole / The Danish School of Pedagogical Kinesiology is still member of IASK, and proud of being a member. It is stated on the stationary and on the homepage.

The positive part of the situation in Denmark is that there are some research projects going on. Projects initiated by people from the University of Copenhagen. Two of the projects have received grants from the Research Center of Knowledge and Research in CAM (ViFAB).

1. "The Kinesiological Body. An anthropological Study of the Kinesiological Worldview analysed through its body narratives". An article is written and will soon be published.
2. "The Kinesiological Client." The project has received the money applied for, and will soon be started.

A new project with the title "Spiritual aspects of alternative treatment - an explorative investigation of Reiki Healing and Kinesiology" will - if money is granted, be started in the Fall of 2011.

I have - besides being involved in all three projects - two other projects under development. I can see the need of having university-trained researchers as co-operators, and fortunately they ARE interested. More about this later.

All this is part of the work on having the effects of Kinesiology highlighted. It is also a part of Networking. As I up until May 2011 have been the president of the Health Council (now just board member and secretary) I am one of three representatives in the CAM-group under the Health Department. The dialogue here is positive, even if not much effectual progress has been made re. further recognition of CAM, among which Kinesiology. BUT two years ago a group of people in the educational field have worked together in order to create the frames for and the contents of a Bachelor program on Complementary Therapy. I am doing what I possibly can to have Kinesiology be part of this bachelor training. Time will show if I succeed.

The problem is that many people still think that "Kinesiology is muscle testing, and muscle testing is Kinesiology". Hopefully Kinesiologists will be better in the future to express and explain that "Kinesiology is the science of assessing the energetic system of a person for balanced function by using the change of physiological response through the muscular system as feedback. Using this same feedback Kinesiology identifies non-invasive treatment strategies to primarily affect and balance the energetic system of a person for the purpose of promoting, restoring and maintaining health."

The political situation in Denmark just now (May 2011) is concentrated on the upcoming elections in the near future. Any approach to politicians is therefore postponed to the months after elections. No political party will prior to elections commit themselves to work for something completely new as a state-financed Bachelor Training in CAM. So we wait for a better time for our well-prepared approach. Wish us luck, thanks.

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SWITZERLAND BY JOHANNA KELLER-DE WILD

In Switzerland we have two different kinds of associations. One is the SVNMK, Schweizerischer Verband Nicht-Medizinische Kinesiologie who take care of the interests of non-medical kinesiology and the other is Kinesuisse. They like to develop a national recognized label for professionals like a naturopath.

I am not familiar with all the details of the associations but I sent them an email to ask, if they are interested in a membership of I-ASK as an association.

The SVNMK is not interested at all, because they like to stay completely independent and non-medical.

The Kinesuisse is thinking about it and it sounds like interest there.

For a professional it is hard to get on the list of the insurance companies. You have to join one of the large schools or you have to have another profession like physical therapist or naturopath to get on the list. And then if you send them your papers it is still sometimes a lottery if they take you or not. This is a difficulty we have at the moment in our country.

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UNITED KINGDOM BY SANDY GANNON

Kinesiology in the UK is developing along the right lines. We now have Kinesiology National Occupational Standards (KNOS) laid down by the Government, which define the standard training for all Kinesiologists.

We also have Government recognition as a self-regulating therapy.

The major Professional membership association for all branches of kinesiology is the Kinesiology Federation. They assist their members in awareness of requirements in advertising and practice, as well providing legal advice and a complaints procedure for students and clients. The KF also maintains a public access web site to qualified practitioners and teachers.

You can see the work of the KF at www.kinesiologyfederation.com

In addition, the Touch for Health Centre - the first government - recognized kinesiology charity in the World, offers an annual bursary to those wishing to become Touch for Health Instructors and supports and encourages all those who are learning Touch for Health and other kinesiology protocols.

Through the challenges of the current economic energy, the UK continues to Touch and Heal more and more.

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SWEDEN 2011 BY SABINE ROSÉN AND MIA DALLE NÄF

There are approx 80 Kinesiologists educated at the Swedish School of Kinesiology. About 50 of those are connected to the Swedish Association of Body Therapists (Kroppsterapeuterna). Unfortunately

Kroppsterapeuterna do not supply adequate insurance for Kinesiologists, but the Swedish Kinesiology School has arranged for insurance by Gefert.

The Swedish tax system for companies encourages the use of body therapy for employees and e.g. massage, kinesiology and reflexology are deductible for companies, which has been a great benefit for Kinesiologists in Sweden.

There is only one school with professional ambitions, the Swedish School of Kinesiology, run by Mac Pompeius Wolontis. The education runs for two years and the method is Manual Kinesiology. Recently the Swedish School of Kinesiology have established another three educations under the Nordic Practor School, i.e. **Psykopraktor®**, **Akupraktor®**, **Neuropraktor®** and **CranioSacral Therapeut** ("CranioSacral Therapy Diplomate"). For more information see www.praktor.com.

There are also other educators arranging shorter courses, but they are not reaching the required level of education to be recognized.

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BRAZIL BY DANIELE RIBEIRO

Kinesiology in Brazil is poorly known, despite the talks and disclosures. People, and especially Health Professionals, are very hard to accept what is simple and quick fix. "If it is simple, can't be effective!" This is something that I don't understand and sounds very strange to me: the difficulty in understanding the scientific and effectiveness of this special technique. Kinesiology seems wonderful in principle, but appears "stubborn", and they do not continue to use it. We see many cases of Professionals who come to finish the training, speak wonders of technology, may prove effective, but then, do not apply it in day to day practice. I, particularly, keep doing my part; doing a non-stop disseminating work.

To better illustrate, I've watched a talk from a physiotherapist, using Kinesiology as a decoy, to prove how he was competent, but was in fact advertising other techniques courses, much more expensive and yet less efficient. I, myself, have difficulty in understanding the reasons, but that's how I see the Kinesiology in Brazil.

I KNEW / I MET...!

By Denyse Saint-Arroman

I met Doctor Blomberg for the first time during the latest IASK conference in Stockholm. I was already familiar with his work about primitive reflexes integration, having previously undertaken RMT 1 to 3 with one of his students, Moira Dempsey. But I always find it interesting to meet the person who created a technique. I like to discover the reason why he/she created it, the philosophy underlying it. This enables a deeper understanding and thus a better interpretation of those techniques. Later on, in Paris, I had the opportunity to attend his workshop about dreams, which he developed after noticing that movement integration often arouses a dreamlike activity, which informs the progressive liberation of the brain.

Harald Blomberg's demeanour is deceptive: he is a small, discreet man with a soft voice, who gives the impression of being slightly distracted. But the moment he moves reveals at once the stiffness of his steps, an after-effect of childhood polio. It is easy to forget, in an age of systematic vaccination programmes, the degree of terror inspired by this childhood disease in the 60s, an illness of mild appearance but which left behind heavy physical handicaps.

And then Harald smiles, a warm and communicative smile. When he speaks with you, he grants you all of his attention and you feel enveloped by the heat and the kindness, which he radiates. Behind his gentle appearance, there is strong independence of spirit, a belligerent and firm mind, a desire to go farther, to find new roads, which will insure healing.

He admits quite freely that he was disappointed by traditional medicine. In his own words, it "had made me lose faith in scientific medicine which appeared to me as an oversimplification with an extremely limiting theoretical basis". This was a radical reaction in the context of its time: the beginning of the 1970s witnessed the triumph of antibiotics and, among other things, remarkable discoveries on viruses and the immune system. He chose psychiatry because it seemed to him the one medical discipline least contaminated by "science"...

However, a journey in totalitarian Russia (where psychiatry was routinely resorted to as a means of destroying any opposition to the regime) urged him to fight. He wrote a book "Opposition - a mental disease?", asked the Swedish Psychiatric Association to condemn the Soviet abuse of psychiatry, joined Amnesty International and Swedish solidarity groups, and tried hard to awaken consciousness, until the Swedish Psychiatric Association finally revised its position and decided to condemn Soviet practices.

He was interested in clinical hypnosis and in rhythmic movement. In 1985, he was introduced to Kerstin Linde, who was a self-taught body therapist without formal medical education background. He displays here also a rare independence of spirit: most doctors would have dismissed Kirsten's work simply because she had no medical training. When he began to apply rhythmic movement theories to his hospital patients, he aroused the opposition of the managers. Still, he stubbornly defended his case over several years before eventually gaining the approval of the National Board of Health and Welfare. To underline the integrity and the open-mindedness of this association, here is the conclusion of the report: "if every element of the treatment should be called upon for a full scientific documentation the psychiatric treatment would probably be

sterile which would totally contradict the humanistic values and expressions that psychiatry also had to defend." Nevertheless, he eventually had to leave the hospital and has since been working in private practices and institutions. He teaches an increasing number of workshops intended to train therapists about his techniques, sharing generously his expertise, his kindness and his love. A magic meeting with a very simple and humble man, whom I shall never forget!

LETTER FROM OUR VICE-PRESIDENT

Verônica Affonso from Brazil, **IASK** Vice-President could not come to the Conference because of her health but she sent us this beautiful letter that we read at the Conference:

Dear friends,

*I am very proud to be part of the **IASK** Board that wants to, truly, make things happen for the best.*

*For those who do not give due importance to the work of **IASK** as an Association, not wishing to be with us, life takes care of them elsewhere.*

*Gradually I see the consolidation of our desire to have **IASK** acting as a special group of professional Kinesiologists. It is a very nice thing to take part of an entity that unites the professional category, especially when it is at its "top position".*

The difficult part, the hard one, is the construction of an entity, experiencing all the problems, all difficulties, believing that one day, the entity will be in a prominent place, and never feeling discourage. And for years we have been acting this way. It is really hard to keep the flame on, even when difficulties become so great to the point of thinking: "Who knows closing the doors is the best way out?!"

*No, we, **IASK** members, we do not allow the heart and brain to feel and think this way. Regarding **IASK**, to think this way, will be in vain. We will be stewards and fight until the end so that **IASK** becomes successful.*

*Certainly that was the thinking of **IASK** creators when, years ago, a group of friends had gathered, Kinesiologists worldwide, to convey the spirit and ideals of Kinesiology.*

At this point, I am very disappointed, upset and angry because I can't be with you and can't attend the Conference, which we decided to do, over sticks and stones, because of my health problems. But this is the case.

*I am very proud of what we realized. I am very proud of you all. Although we are not numerous at the meeting, no matter, it is very important that, everything we did, we did with love, love for our cause, named **IASK!***

Please, feel my most fraternal, affectionate and sincere "LOVE AND HUGS" to you all.

Have a very special Conference time!

Be sure that I would like to be with you!

Veronica Affonso

TO MEMBERSHIP

JOIN US IN THIS ORGANIZATION THAT ASPIRES TO THE WORLDWIDE GROWTH OF KINESIOLOGY



To become an **IASK Member you must:**

- 1) Fill out the forms: Membership Form & Code of Ethics and send them either scanned by email or by Post-Office to **IASK** Treasury
- 2) Pay the fees by PayPal system or Bank account.
- 3) When **IASK** Home Office has checked the forms and the payment we send you the receipts and the certificates.

That is all we need to consider you, Specialized Kinesiologist, as an **IASK Member!**

* We rely on each of you to develop **IASK** and to let other colleagues know about us.

* Feel free to distribute the Newsletter to your friends and let everyone know about **IASK**.

GO TO WWW.IASK.ORG

TO DOWNLOAD THE FORMS "Code of Ethics and Membership Form" AND BECOME AN **IASK MEMBER**

2012 AGM - DATE AND PLACE	2013 AGM & NEXT IASK CONFERENCE
June 14 th - 16 th , 2012 in San Francisco during the next ENKA Conference	AGM & CONFERENCE RIO DE JANEIRO - BRAZIL

IASK FORUM - AS WE WERE SHORT OF TIME IT WAS DIFFERENT THAN AT THE PREVIOUS AGMs.

*

THE BRAINSTORMING RESULTED IN WORDS AND SUGGESTIONS WRITTEN ON THE FLIP CHART AND NOW "TRANSCRIBED" TO A DOCUMENT

BY ANNEMARIE GOLDSCHMIDT



<p>B R A I N S T O R M I N G</p> <p>B R A I N S T O R M I N G</p>	<ul style="list-style-type: none"> • Ability for other people to understand the value of Kinesiology • Acceptance • Acceptance of and by peers • Acting locally, thinking globally • Activities in cooperation • Be proud • Client work • Combining energies • Combining energies by sharing • Commitment • Congruency in Standards • Cooperation • Demos <p style="text-align: center;">*</p>	<ul style="list-style-type: none"> • Earnestness • Education • Enthusiasm • Equality • Ethics • Have fun • Honesty • Knowledge. • Less "seriousness" • Mutual respect • New logo • Openness • Passion • Patience • Productivity when together • Recertification • Recognition • Research • Research results <p style="text-align: center;">*</p> <p style="text-align: center;">Brainstorming</p>	<ul style="list-style-type: none"> • Self criticism • Self-satisfaction • Send info to the IASK Board for website • Share experience • Shared knowledge = double knowledge • Strong IASK • Structure governs function • Success • Taking responsibility • Thinking locally, acting globally. • Transparency • Updating • Work with and in the community <p style="text-align: center;">*</p>
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VALUES	ACTIONS	JOBS	OTHER
<ul style="list-style-type: none"> • Acceptance • Acceptance of peers • Be proud • Being responsible • Commitment • Cooperation • Earnestness • Enthusiasm • Equality • Have fun • Honesty • Less "seriousness" • Mutual respect • Openness • Passion • Patience • Productivity • Self-criticism • Self satisfaction • Success • Transparency (?) 	<ul style="list-style-type: none"> • Ability for other people to understand the values of Kinesiology • Acceptance BY peers • Acting locally, thinking globally • Activities in co-operation • Combining energies • Combining energies by sharing • Congruency in standards • Demos • Productivity when together • Re-certification • Recognition • Research • Share experience • Sharing knowledge = double knowledge • Taking responsibility • Thinking locally, acting globally • Updating • Work with and in the community <p style="text-align: center;">*</p>	<ul style="list-style-type: none"> • A strong IASK • (Description of) client work • Establishing of research protocols and projects • Ethics (class) • Getting more knowledge • Getting research results • Members send info to the IASK Board for the website • More education • The IASK logo <p style="text-align: center;">*</p>	<ul style="list-style-type: none"> • Structure governs function <p style="text-align: center;">IASK</p>

**LIST OF BOARD MEMBERS, LANGUAGES SPOKEN,
PHONE NUMBERS AND E-MAIL ADDRESSES
& BOARD'S FUNCTIONS**

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IASK Board's Functions

WE COVER 5 NATIONALITIES AND AMONG US, AT LEAST AS MANY LANGUAGES

Nicolette Peyre from Belgium,	President
Veronica A. P. Affonso from Brazil,	Vice-President
Sabine Rosén from Sweden,	Secretary
Sylvie Averseng from France,	Treasurer
Annemarie Goldschmidt from Denmark,	Board Member
Denyse Saint-Arroman from France,	Board Member

OBITUARY



It is with great sadness that we learned of the sudden death of **Bernard Deblois, President of the FFKS – Fédération Française des Kinésologues Spécialisés**, September, 4th.

We extend our sincerest condolences to his wife, Nicole, his family and friends.

He was highly regarded, in France and abroad, for his vision of a united community of kinesiologists. He knew how to listen and was so accepting that he succeeded in his endeavours to bring together strong personalities and to breach the communication gap between people and organizations. He and his wife Nicole have greatly influenced the new constructive direction of

Kinesiology in France and elsewhere.

He wanted the 20th Anniversary of the FFKS to become a large gathering of the leaders of some of the main modalities taught in France as well as of colleagues from Belgium and Switzerland. His great qualities as a mediator and as a consultant and instructor, the love so many have felt for him stand very clearly out in the tribute that the FFKS paid Bernard in a Special Newsletter.

We encourage you to attend the FFKS 20th Anniversary Congress, March 17th and 18th 2012 at Balaruc les Bains. We will post more information about this event on our website and you can also check the FFKS website : <http://www.ffks.fr>

The Board of IASK