

Dear colleagues,

We are just back from Copenhagen, our 2010 Annual General Meeting and workshops. We came back with new inspiration and eager to share what we had just experienced during those short days.

The participants to the 'Ethics-1' workshop contributed to a very interesting in-depth discussion which led us to ask authors Kathie Guhl and Debra Hurt to consider renaming it 'Myths, Archetypes, Wounds and Personal Ethics'. The Myth of Chiron, the Wounded Healer, helps delve deep into our subconscious wounds and work with them. The question is 'How can we maintain our integrity (and serve that of our client) when we might not even know when/why/how we react from our own wounds. We concluded that this workshop is a must for anyone in the helping-coaching-counseling profession.

The 'Research and Methodology' workshop was also very inspirational. As you know, one of the aim of IASK is to establish the professional image of kinesiology worldwide. The Board is very aware of the need to foster Research projects aimed at showing the efficacy of Specialized Kinesiology methods without losing the holistic viewpoint. A reductionist approach might miss the empowering and often transcendental experience Specialized Kinesiology sessions often enable for the clients. We now feel we are in a position to develop methodologies and fund multi-national pilot research projects. The presentation made by Magnus Clausen is a very good basis for the full-fledged Research workshop we will hold with him as a pre- or post-conference workshop in Sweden next year. We will write a full review of this presentation in our next Newsletter.

Donna Eden and David Fernstein, authors respectively of Energy Medicine and Energy Psychology were giving a workshop in Copenhagen that week-end. It was a profound and joyful experience for the 150 participants. Donna has a simple and very efficient way of teaching self-help tools and balances ; it is becoming a very valuable tool to raise worldwide awareness about Energy and Energy work.

This is all for now but there will be more in our next Newsletter!

On behalf of the Board,

Nicolette Peyre