

IASK



Newsletter
November 2009

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Dès que la traduction en français sera disponible, elle sera téléchargeable à partir du site de l'IASK: www.iask.org

A versão em Português deste Newsletter estará disponível no site da IASK: www.iask.org



WELCOMING WORDS FROM THE PRESIDENT Greetings to you from IASK

Now you have in your hands the **FALL NEWSLETTER** from **IASK**. You received it by ordinary mail, because we realize this is the best way to reach you. Technology usually serves us well, but there is the risk that the files attached to an e-mail can be too big and, therefore, difficult to receive.

ANNEMARIE GOLDSCHMIDT



In this Newsletter you will find

- News from the **IASK** Board
- A report to remember 2008 / 2009
- The minutes from the 2009 Annual General Meeting in Washington DC
- Information about a future **IASK** workshop on Research (for the 2010 AGM in Denmark)
- Questionnaire about Research and what YOU need
- An idea about how you can get known as a person who wants to give **presentations** about kinesiology
- Information about the date and place of the 2010 Annual General Meeting
- Information about date and place of the AGM and conference in 2011
- The list of current Board Members

“What you do not find is the Code of Ethics, the Membership form, the Aims and Goals of IASK. Please go to the website to find this information and download what you need.”

Summary

01	Words from the President
02/03	News from the IASK Board
03	Just to Remember (2008 – 2009)
04	Presenter's World-wide on IASK Website
04	Good News
05	Future Workshop on how to do Research
05	Questionnaire On Research
06	2010 AGM Copenhagen - Denmark
07	2011 Conference and AGM - Sweden
08	Board's Function - Information
08	Board Members / Contacts / Languages spoken
08,09	IASK Washington AGM 2009 - Draft Minutes
10	Obituary

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We encourage you to go to the **IASK** website, and to click the button “Directory”. Remember that as an **IASK** member you have the possibility of sending in information about yourself, your work, etc. etc., and have all that information presented in our Directory (one A4 page).

If you are aware of articles, information etc. you think would be of interest to other kinesiologists, please send it to

info@iask.org

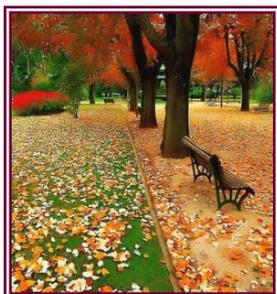
Let's join in the work of **Spreading the Word of IASK** ! As a FORUM for coming together and for sharing what we know. Also consider sending us information about what is going on kinesiology-wise in your country.

On behalf of the IASK Board I send you our warm and energizing thoughts and wishes for the time to come.

Annemarie Goldschmidt
IASK President

NEWS FROM THE IASK BOARD

FALL



SEPTEMBER 2009

Summer has come to the end at the Northern hemisphere at the same time as Summer is about to begin at the Southern hemisphere. That is how the seasons change every year. We on the **IASK** Board wish you all the best, whether you live North or South or may be around Equator.

SPRING



KINESIOLOGY AROUND THE WORLD

As you know **IASK** participated in the joint venture of arranging the “**Kinesiology around the World**”-conference together with **EnKA** (Energy Kinesiology Association) and **TFHKA** (Touch for Health Kinesiology Association). The conference took place in Washington DC from July 17th through July 20th with the reception in the evening of July 16th. We can lean back and relax knowing that this joint venture was a success. 138 people participated. The atmosphere and the energy were very good. The **IASK Board** who participated, enjoyed ourselves and being together with people from so many different nations and with so many different backgrounds. There were four or five presentations every day, and we got “food for thought” and several examples of new information. Dr. Sheldon Deal was given an award for all the work he has done throughout the years sharing his knowledge and information, not only with fellow chiropractors, but also with the many lay Kinesiologists. Two of the presenters, Debra Greene, PhD. and Adam Lehman both talked about “The Living Matrix”, and we even had the privilege of seeing the documentary “The Living Matrix”. It was *Fascinating!*

The **IASK** President, Annemarie Goldschmidt, was invited to be one of the keynote speakers, and you will be able to see her Power Point presentation on the **IASK-website**, if you are interested in the topic “*Scientific research. Context and Content*” (www.iask.org)

ANNUAL GENERAL MEETING (AGM)

At the **IASK** Annual General Meeting in Washington DC, around 20 persons were present. Everything went well and we got good feedback from the audience. An important item was communication, and we promise, that we will do better in the time to come re.communication. And, please: if you have had no news, nor a Newsletter in your mail the past year or so, just send us an e-mail to info@iask.org with your full name, address and e-mail address, and we will provide you with the missing information.

At the same time, we encourage all members to include on their websites that they are **IASK** members, and put a link from their website to the **IASK** website. This will bring credibility both to them as practitioners as to **IASK** as an organization which supports further growth of kinesiology.

ELECTIONS

One of our very active board members, Birgitta Birath from Sweden, did not want to be nominated for another four years period on the board. We are grateful for the engagement she has shown. We are also grateful that Birgitta has promised to assist arranging the next **IASK** conference, which will take place in Stockholm, Sweden, May 15 - 17, 2011. The **IASK** AGM will be held during the conference days.

Talking about AGM, please note that **IASK** AGM 2010 will be held May 27th in Copenhagen, Denmark, where you also have the opportunity to participate in a workshop with Donna Eden from the US (May 28th – 30th).

Two new board members were nominated and elected: Denyse Saint-Arroman from France and Mia Dalle Näf from Sweden. Diego Vellam, Sylviane Benacher-Vrillonneau and Annemarie Goldschmidt put their positions up for election, and were all re-elected. This means that we are now eight members on the board. At the board meeting on August, 17th, Annemarie was elected President, and Sylviane treasurer. Please look at the website for all the updated information about the board.

OUR BOARD OF ADVISORS

In the beginning of this Century, five people were “put into” a so-called **IASK - BOARD OF ADVISORS**. They were Andrew Verity (Australia), Coby Schasfoort Spanbroek (Holland), Shanti and Richard Duree (Oregon, USA) and Annemarie Goldschmidt (Denmark). Annemarie went back as “normal” board member a year or two later, which meant that the Board of Advisors for several years have consisted of

only four persons.

Annemarie had a good communication with Richard and Shanti Duree, when they were together in Oregon in July, and the two of them have promised to be active advisors, whenever we need some assistance in the promotion of **IASK** and other work as needed. We have asked Adam Lehman (California, USA) to be part of the **BOARD OF ADVISORS**. He, too, agreed, and we thank all of them. So, now, it is up to us to ask for advice.

THE WEBSITE

Last, but not least: we will do some work on the **IASK** - website during the rest of the year. We encourage you, if you are a member, to send in all the information about yourself, which you want to have on the directory. Send it to info@iask.org, and we will see to that it will appear on the website. As a member, you will also be able to announce your classes and workshops on kinesiology. It is easy!!! Just send the information to us, and we will do the work for you.

The work you can do for **IASK** is to download the **Membership Form and the Code of Ethics** from www.iask.org. Give it to friends and colleagues, and encourage them to sign up as members.

With the best wishes to all of you from all of us

Annemarie Goldschmidt

IASK President

JUST TO REMEMBER (2008 – 2009) !



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ANOTHER YEAR HAS GONE, AND IT IS TIME FOR THE ANNUAL REPORT FROM THE PRESIDENT AND THE BOARD OF IASK

2008 – IASK AGM

In 2008 our Annual General Meeting took place in Barcelona, Spain. The **IASK** Board was invited to participate in the Conference “Kinesiology and Quantum Physics”, which took place at Blanquerna, the University Ramon Llull. Two of the **IASK** board members gave a presentation at this conference.

CONFERENCE 2009

EnKA, **TFHKA** and **IASK** are glad to be part of the joint venture between the three organizations to present the 2009 Conference. Speakers from all over the world came to share their knowledge with each other and with all the participants. Your **IASK** president was among the presenters. Among other things, gave a report on the project “**The Kinesiological Body**”, which was initiated and has been carried through by some researchers from the University of Copenhagen in Denmark.

PLANS FOR 2010 AND 2011

2010 – IASK AGM

The **IASK - AGM** in 2010 will be held May, 27th in Copenhagen, Denmark. Donna Eden and her husband David Feinstein, author and co-author of ‘**Energy Medicine**’ will be giving a workshop in Denmark at that time.

2011 – IASK CONFERENCE

Birgitta Birath from Sweden, who did not want to be re-nominated for a position on the **IASK** board, has nevertheless volunteered to arrange the Conference in 2011. This time we will be going to Stockholm, Sweden, and we will put together a two-day program with good international presenters. Thank you, Birgitta, also for the good and consistent work you have been doing during four years on the board.

On behalf of the **IASK Board**, I will encourage ALL members of **IASK** to contribute with whatever you can in spreading information about our worldwide association. Together we are stronger than alone.

Warm regards,
Annemarie Goldschmidt
IASK President



A LIST OF PRESENTERS WORLD-WIDE ON THE IASK WEBSITE



Dear **IASK** member,

At the **AGM** in Washington DC in July this year, one of our members, Lillian Poston from Rhode Island, USA, suggested having a list of members on the websites, who are willing to be contacted by libraries or organizations that might need speakers.

So, here is a question for you:

- Would you like to be part of such a list?

And another:

- What kind of help would you need – if any - from **IASK** to make a good presentation?

If you are a skilled presenter, you might be able to give some hints and to share some of your “wins” with those, who are new in the field.

May be you have, or maybe you need, some good slides, illustrations. May be you would like to see other peoples presentations.

We will make a “button” on the website for a list of members, who would be willing to participate in making Kinesiology more visible in today’s world.

Just send your name, address, country, phone number, e-mail address and more information to us, and add, if you have something to share with other Kinesiologists, who are “new” in the field.

Thank you.

Best regards from the

IASK Board

4

GOOD NEWS!

In the near future, everyone, from everywhere, can pay **IASK** fees using the system PayPal. PayPal is an online service that allows individuals and businesses to transfer funds electronically. You can use it to make payments in cash. So, if you want, you will be able to use this service to pay **IASK** fees. You will access www.iask.org button [JOIN US](#). There, you can find the membership forms, if you are not a member yet, or you will be able to pay your annual fees if you are a member, as described below. Be welcome and confident to go on with **IASK** aims and goals!

THIS IS THE WAY YOU WILL FIND THE WAY IN THE WEBSITE

HERE YOU CAN PAY WITH PAYPAL

REGULAR MEMBERSHIP	ASSOCIATE MEMBERSHIP	SUPPORTING MEMBERSHIP
SUBSCRIBE (CREDIT CARD FLAGS) € 40,00	SUBSCRIBE (CREDIT CARD FLAGS) € 100,00	SUBSCRIBE (CREDIT CARD FLAGS) € 40,00



FUTURE IASK WORKSHOP ON HOW TO DO RESEARCH

<ul style="list-style-type: none"> • Let's find out IF there are Kinesiologists, who are interested in doing research; • Let's find out IF they have already done some research; • Let's find out HOW MUCH education and training they already have; • Let's find out WHAT THEY feel they need to get started. 	 <p>FOLLOWING THE WASHINGTON CONFERENCE, OUR PRESIDENT WROTE THE FOLLOWING LETTER FOR THE PARTICIPANTS, AND WE WOULD LIKE TO EXTEND THIS INVITATION TO ALL OUR MEMBERS ! PLEASE READ ON !</p>
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Dear conference participants from “Kinesiology around the World” in Washington DC,

When I shared my “wins” with you in my presentation: **Scientific Research – Context and Content**, I told you that I would send you the Power Point presentation for you to read through, when you came home. My colleagues here in Denmark helped me by saving the presentation as a pdf-file, and I am happy to tell you, that you can find and download the document from our webpage. Go to www.iask.org and click on “Research”. You'll find a Danish version at www.kinesiologi-uddannelse.dk

As many of you expressed interest in doing future research, we in the **IASK** Board have discussed in which way we would be able to assist you. In order to know something about your current situation (are you interested or aren't you interested in doing research? Have you already done some kind of research in Kinesiology? Etc. etc.), we have put on paper some questions, which we find relevant to ask you. You will find these questions attached, and we DO hope you will send us your answers even if you are NOT interested in doing some kind of research.

IASK is – as you know - an *International Membership Association of Active Kinesiologists*, and our aims are – among others:

- To establish a professional image of Kinesiology worldwide
- To offer a platform for international exchange of personal and professional experiences

We find that by sharing through different means of communication, we will take great steps towards the fulfilment of these aims. You can help us to find the best way by answering the attached questionnaire within a month from now. We will then, come back to you with our suggestions based upon your answers and comments.

Warm regards on behalf of the IASK Board
Annemarie Goldschmidt
IASK President

<p>QUESTIONNAIRE ON RESEARCH International Association of Specialized Kinesiologists - IASK DEAR ACTIVE KINESIOLOGIST PLEASE ANSWER THE FOLLOWING QUESTIONS AND RETURN YOUR ANSWERS TO INFO@IASK.ORG</p>	
1.	To which extent are you interested in doing research in the effect of Kinesiology? Mark on the line below, thanks.
	<ul style="list-style-type: none"> a. Not at all b. Don't know c. Very Interested
2.	Which kind of possibilities do you have at the moment?
3.	What do you need to get started?
	<ul style="list-style-type: none"> a. re. additional education and training? b. re. time? c. re. partners with whom to cooperate? d. Other?
4.	Which is your educational background?
	<ul style="list-style-type: none"> a. Kinesiology? b. Communications skills and teaching? c. Other?
5.	If you have already been active in doing research, please state which kind. Thanks.
6.	Your name, address and e-mail address



THE NEXT IASK 2010
ANNUAL GENERAL MEETING
May 27, 2010

Takes place in Gentofte
DENMARK



The next IASK 2010 AGM will be in Gentofte - Denmark

At that time Annemarie Goldschmidt will be sponsoring
Donna Eden and David Feinstein
for a workshop

6

Welcome and enjoy this Kinesiology AGMeeting!



Look for updated information in the IASK - Newsletter! Go to www.iask.org





The Conference

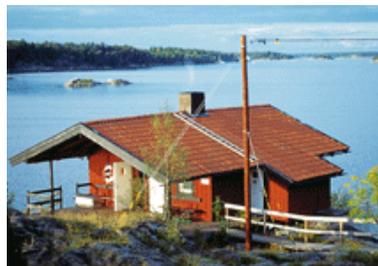
May 13 - 15th / 2011

takes place at Djurönäset
situated in the archipelago of
STOCKHOLM



Welcome to enjoy Kinesiology! 7

with friends from all over the world



the Nordic light and the Baltic sea.

Look for updated information in the Newsletter!

www.iask.org

LIST OF BOARD MEMBERS, LANGUAGES SPOKEN, PHONE NUMBERS, E-MAIL ADDRESSES

Annamarie Goldschmidt Country: Denmark	Danish, English, German	+ 45 39 67 38 38 (Tel.) + 45 39 67 38 38 (Fax)	dkpaed@yahoo.dk
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Denyse Saint Arroman Country: France	French, English	+ 33 (0)5 61 81 92 10 + 33 (0) 681 72 34 32	denise.saint-arroman@wanadoo.fr
Diego Vellam Country: Italy	Italian, English, Spanish, French	+ 39 2 533 634 (Tel.) + 39 1782 2258 02 (Fax)	info@accademiadikinesiologia.it
Mia Dalle Näf Country: Sweden	Swedish, English, German	+46-8-33 11 26 +46-707-33 11 26 (Mobile)	mia.dalle.naf@3mail.se
Nicolette Peyre Country: Belgium	French, English, Spanish and Dutch	+ 32 2 649 49 68 (Tel)	npeyre@skynet.be
Sylviane Benacher-Vrillonneau Country: France	French, English, Spanish	+ 33 (0) 1 60 66 02 44 (Tel. & Fax)	SYLVRI@wanadoo.fr
Verónica A. P. Affonso Country: Brazil	Portuguese, English, French, Spanish	+55-21-25 49 05 28 (Tel & +55-21-22 56 25 90 Fax)	kinesiologyveaf@domain.com.br

IASK Board's Functions

WE COVER EIGHT (8) NATIONALITIES AND AMONG US AS LEAST AS MANY LANGUAGES

<u>ANNEMARIE</u> GOLDSCHMIDT	PRESIDENT	FROM DENMARK
<u>VERÓNICA</u> A. P. AFFONSO	VICE-PRESIDENT	FROM BRAZIL
<u>ANN</u> MCFERRON	SECRETARY	FROM UNITED STATES
<u>SYLVIANE</u> BENACHER-VRILLONNEAU	TREASURER	FROM FRANCE
<u>DENYSE</u> SAINT-ARROMAN	BOARD MEMBER	FROM FRANCE
<u>DIEGO</u> VELLAM	BOARD MEMBER	FROM ITALY
<u>MIA</u> DALLE NÄF	BOARD MEMBER	FROM SWEDEN
<u>NICOLETTE</u> PEYRE	BOARD MEMBER	FROM BELGIUM

8

DRAFT MINUTES OF THE 2009 ANNUAL GENERAL MEETING OF THE INTERNATIONAL ASSOCIATION OF SPECIALIZED KINESIOLOGISTS - IASK

Washington DC – July 20, 2009

**HELD DURING THE JOINT CONFERENCE OF
IASK - INTERNATIONAL ASSOCIATION OF SPECIALIZED KINESIOLOGISTS,
ENKA - ENERGY KINESIOLOGY ASSOCIATION, AND
TFHKA - TOUCH FOR HEALTH KINESIOLOGY ASSOCIATION**

1. Welcome by the President

Annamarie Goldschmidt opened the meeting and welcomed everybody. The attendees introduced themselves.

2. Proclamation of Chairperson

Ann McFerron was proclaimed Chairperson of the AGM. She read the minutes of the last AGM in Barcelona, Spain.

3. Proclamation of Recording Secretary

Karen Ownbey was proclaimed Recording Secretary for the AGM.

4. Acceptance of the minutes from the AGM in Barcelona, Spain

The minutes from the AGM held in Barcelona, Spain in 2008 were unanimously approved.

5. Report from the President

The 2008 AGM was held in Barcelona, Spain. At the meeting, two board members were discharged for lack of participation. The board needs active board members. Sylviane agreed to continue as treasurer for another year.

Since September, 2008, we have continued to have Skype meetings monthly. It is important for everyone to have the latest version of Skype to make the meetings work. We also have two face to face meetings each year. The last face to face meeting was held in Barcelona after the AGM 2008 was not an election year, so 2009, this meeting, we will hold elections.

Sylviane Benacher-Vrillonneau takes care of the home office in France. We are paying someone to do some of the accounting work. Denyse Saint Arroman and Mia Dalle Näf have agreed to be up for election to come on the board. Anyone else who is interested is welcome to put their names on the ballot.

Birgitta Birath has been on the board since 2005. She is going off the board. She is now on the board of *Body Therapists* in Sweden. They have a section for Kinesiologists.

The next IASK conference will be in Stockholm, Sweden in 2011 on May 13 – 15th. The next AGM will be in Copenhagen on May 27, 2010. At that time Annemarie is sponsoring Donna Eden and David Feinstein to teach a workshop.

Annemarie encouraged all members to spread the word about **IASK** and its goals and mission.

6. Financial report

Ann McFerron presents the financial report prepared by Sylviane Vrillonneau.

Karen Ownbey and Denyse Saint Arroman reviewed the report. Ann invited members who wished for more details to come and have a look at the financial documents.

On December 31, 2008, there was 1147.91 Euros in cash and 15727.76 Euros in the bank.

Income is all from memberships. Expenses include copies, website and postage.

The financial report was accepted as read.

7. Elections

Thomas Tiegmeier moved and Lillian Poston seconded the acceptance of Denise and Mia as board members and Diego and Sylviane to remain on the board. Approval was by acclamation.

8. Website

Birgit Nielsen and her husband take care of the website. As a member, if you want your information on the website you need to send information to Birgit. The website is in five languages – English, French, Swedish, Portuguese and German. We could use people's help to translate information from English to other languages.

Richard Duree has agreed to help with the website.

There are country reports on the website. We would like more information from other countries that are not represented on the website to submit a report. The report covers what is going on with Kinesiology in your country in regards to organizations, regulations, number of Kinesiologists or anything else of interest. You can send the reports to Annemarie Goldschmidt at dkpaed@yahoo.dk or Ann McFerron at anmcferron@hotmail.com.

9. Advisory Board

Annemarie has talked with **Richard and Shanti Duree** about being on an Advisory Board. Richard will help with the website. **Andrew Verity** and **Adam Lehman** have also agreed to be on the IASK - Advisory Board. Annemarie has also spoken with Earl Cook. The Advisory Board only advises when asked.

10. Newsletter

The newsletter is on the website and is e-mailed to members.

11. Membership and dues

Currently we have eighty (80) members total – Twelve (12) associate / organization and sixty eight (68) professional. We apologize for the lack of communication with members. We hope to send out a list of members. Please let the board know if there is certain information you would like to have. If you are involved with an organization or school, please encourage them to join **IASK**.

12. Miscellaneous

Members are encouraged to include on their websites that they are a member of **IASK** and put a link to the **IASK** website at www.iask.org. This brings credibility, both to them as practitioners, as well as, to **IASK** as an organization which supports **Kinesiology**.

We are open to suggestions for organizing the next conference. Please let the board know if you have ideas. We enjoy having speakers from around the world to bring together lots of different aspects of Kinesiology. **IASK** uses the open forum. It is an important tool for sharing ideas.

We need ambassadors of **Kinesiology** with high ethical standards. We could create an “ambassador class”. This class could be involved with research. We will discuss this idea further.

Thomas Tiegmeier asked what the policy is for using the logo on articles, websites, etc. Also the protocol for linking to the website.

Lillian Poston suggested having a list of members on the website who are willing to be contacted by libraries, or organizations that might need speakers.

Annemarie said the board will discuss these items at the next board meeting.

Report drafted by Ann McFerron with notes from Karen Ownbey

WE LOST ONE MORE SPECIAL PERSON – ALAN SALES

ALAN SALES: IN MEMORIAM (1952 – 2009)

ALAN SALES (ON THE LEFT-HAND SIDE)
WITH DIEGO VELLAM ON SUMMER 2001 IN
SELSDON



On last July 7th, in his rural home in Selsdon in the green Surrey, passed away quite unexpectedly Alan Sales, the Founder of Cyberkinetics Kinesiology and of Cyberkinetics Healing Tuning Forks.

An earnest searcher in his deepest heart, Alan combined his unique knowledge of Cybernetics, the science of communication and control processes in animate and inanimate systems, with Kinesiology, as seen through his acute and unconventional view.

When around 2000 the result of these efforts gave rise to Cyberkinetics (a clear reference to the two sciences mentioned above), the reaction of top kinesiologists around the world was enthusiastic, and can be summarized in the words of Alfred Schatz (director of the renowned IAK Institute in Germany): “Cyberkinetics represents the Quantum Leap in Kinesiology that I have always waited for”.

What Alan had done at the time was almost incredible. After 35 years from the introduction of the Kinesiology Muscle Testing by George J. Goodheart Jr., and after legions of kinesiologists had been using it around the world, he had been able to look at it in a much deeper and more sensible perspective, getting in return a new and amazingly effective way of Kinesiology Testing, that let address with the greatest facility aspects that, using the very words of Charles Krebs (Founder of LEAP), “until his invention remained "hidden" to Kinesiologists”.

Charles Krebs added with far-sightedness: “I feel we are now only looking at the newly discovered "tip" of the iceberg that lies beneath and is only accessible through this marvellous new type of muscle testing. The next few years, as a full understanding of Analogue Muscle Testing is developed, should prove to be an exciting time that may well change how Kinesiologists work”.

His prediction was very right. In the following years, up to his end, Alan shared with each and every new Module of Cyberkinetics amazing technical insights on how to perform and maintain a Kinesiology Communication with the system of the client with the keenest precision, and above all managing fundamental aspects of the healing process that no one had even dreamed of being able to do before. Among the practitioners arose a new saying: If it appears too good to be true, then it must be Cyberkinetics...

On top of this his constant thirst for knowledge led him to develop the most advanced system known for the therapeutic use of sound through special tuning forks, that he called, coherently with the Cyberkinetics Institute that he had founded in the meantime, “Cyberkinetics Healing Tuning Forks”. In collaboration with a top-quality English manufacturer with four centuries of tradition in harmonic alloy, he developed from his deep studies and investigations 25 different sets of special tuning forks for therapeutic use, that can effectively work with common but also with most surprising aspects of the individual in the course of the healing process. In doing this he also developed kinesiology protocols for their use, that currently represent the state of the art in this discipline.

I had the privilege to work in constant contact with him for the last ten years, appreciating the man besides the genius. They were ten years that changed Kinesiology as it is, although these new concepts have been shared so far only by a minority of kinesiologists. To let everyone know and use these empowering therapeutic opportunities in Kinesiology is part of the legacy that the deep love of Alan for earnest knowledge has left to all of us.

Diego Vellam
Academy of Kinesiology, Italy
IASK – Board Member

