

IASK



Newsletter
January 2011

IASK- HOME OFFICE: 4, rue de Melun – 77930 Perthes-en-Gâtinais - France - Email: info@iask.org

WELCOMING WORDS FROM THE PRESIDENT



Dear colleagues and readers,

I hope you are all having a great time living daily our common passion for feedback from the body and marveling at how it has enabled us to empower all the individuals who are increasingly drawn to us.

In his History of Applied Kinesiology, Dr. George Goodheart writes: “The name of the game, to coin a phrase, is to get people better. The body heals itself in a sure, sensible, practical, reasonable, observable, predictable manner. The healer within can be approached from without. Man possesses a potential for recovery through the innate intelligence or the physiological homeostasis of the human structure. This recovery potential with which man is endowed needs the hand, the heart, and the mind of a trained individual to bring it to potential being, and to allow the recovery to take place which is man's natural heritage. This benefits man both individually and collectively.”

Thanks to Dr. John Thie we, **SPECIALIZED KINESIOLOGISTS**, are the heralds of these remarkable pioneers. **IASK** brings together practitioners of all forms of **SPECIALIZED KINESIOLOGY** without discrimination, the only constraint being that they sign and uphold our Code of Ethics. We are equal individuals willing to pool our knowledge so that our common wealth should benefit all.

Our Conferences reflect this basic principle and I am happy to invite you to join us at our 2011 Conference in Stockholm, Sweden – May, 13th-15th.

We had a short though very inspirational few days in Copenhagen where we held our 2010 Annual General Meeting, May 27th. It is very important for us, as **SPECIALIZED KINESIOLOGISTS** in the field, to meet in an international setting and share freely from the heart. You will find the Minutes in this Newsletter, as well as a review of Magnus Clausen's presentation on Research.



We have also made very good progress in the preparation of our next bi-annual Conference cum AGM in Sweden (May 13-15th 2011). You have received the draft presentation folder in our last **NEWS OF THE BOARD**. The folder is now final, and we are very happy at the prospect of sharing these few days with you and our speakers. You will find the **Conference Registration Form** as well as more information about accommodations in Stockholm.

You can now **register and pay directly on the website** by PayPal or wire the amount to our bank in France. Take advantage of the early bird price 😊

We are looking forward to hearing from you and meeting you at our Conference and pre- and post-conference workshops.

Warm regards on behalf of the Board of **IASK**,
Nicolette Peyre

	SUMMARY
1	Words from the President
2	Invitation for IASK – 2011 Conference
3	Call for IASK – 2011 Conference
4	Conference Program
5	IASK AGM – 2011 (Agenda – Election ballot)
6,	Conference Schedule
7, 8, 9	Speakers' abstracts
9, 10, 11	Report Research Presentation in Copenhagen
11	Post Conference Workshops
11, 12	IASK - Research Workshop
13	Conference Registration Form
14,15	2010 AGM minutes, Copenhagen - Denmark
15	Invitation to members, organizations or schools
16	List of the Board Members - List of presenters
17	Reader's Corner
18	What you need to become an IASK Member
19	IASK – Code of Ethics
20	IASK - Membership Form

IASK 2011 Conference - Sweden !



*ONE OF THE GOALS OF IASK IS TO
ORGANIZE INTERNATIONAL CONFERENCES AND MEETINGS*

**We, therefore, invite YOU to the
IASK INTERNATIONAL CONFERENCE and ANNUAL GENERAL MEETING
in Stockholm – Sweden
May, 13th to 15th – 2011**

IASK IS INTERESTED IN YOU!

What makes **IASK** Conferences different is that **YOU are the focus**, not only the speakers.

You get the opportunity to participate actively at all times thanks to the program **IASK** puts together:

- **Country Reports** – to share developments in your region
- **My Best Idea** – to share something that works for you in sessions with clients
- **The IASK Forum** – to develop a concept or work out common definitions
- **Questions/Answers time** and **Hands-on time** as well as **Networking time**
- **Research Workshop** – to help would-be researchers to start useful and well thought out projects, with funding from IASK
- And, of course, **Speakers** from our host country **Sweden, Harald Blomberg, Mac Pompeius Volontis, Björn Westin** and from other parts of the world **Italy, Brazil, England, Belgium...**

This is also an **election year** for the **Board of IASK**. Please let us know if you would like to participate in this great adventure. Send an email to info@iask.org stating your interest and your goals and wishes for **IASK**.

The main **goal of this Conference** is to learn, enjoy ourselves and meet new people and new ideas while touching base with like-minded colleagues.

Then we can go home glad that we belong to this world community of idealistic and enthusiastic individuals 😊!

**2011 IASK CONFERENCE
STOCKHOLM – SWEDEN
MAY 13th – 15th**



**Come and enjoy connecting
with Specialized Kinesiologists
from all over the world
at a Conference with a difference!**



COME and SHARE!



CONFERENCE VENUE

**The 2011 IASK Conference will take place at:
Högbergssalen
Högbergsgatan 15 A, S-10261 Stockholm**

2011 IASK CONFERENCE PROGRAM INCLUDES

SPEAKERS:

- Dr. Harald Blomberg (Sweden)
- Björn Westin (Sweden)
- Sandy Gannon (IKC President - England)
- Diego Vellam (Italy)
- Ignez Carvalho (Brazil)
- Mac Pompeius Volontis (Sweden)
- Nicolette Peyre (IASK President - France & Belgium)
- ...

WORKSHOPS: SPECIAL PRICE FOR CONFERENCE PARTICIPANTS

- **Magnus Birk Clausen** on Thursday, May 12th from 12:00 to 17:00,
 - € 60 (to be paid with the conference) - **Research Projects for Specialized Kinesiology**
- **Harald Blomberg** on Sunday, May 15th from 14:00 to 19:00,
 - € 60 (to be paid with the conference) – **Rhythmic Movement Training**
- **Björn Westin** on Monday 16th from 09:00 to 17:00
 - € 90 (to be paid directly to Björn) – **Ear-acupressure and Kinesiology**

MY VERY BEST IDEA

“*My Very Best Idea*” is one of the typical elements of IASK Conferences. It is a 10 minute presentation from IASK members that found a way to do something, in the work they do, which is different from the usual way, showing their own individual talent and brilliance.

MY VERY BEST IDEA IN SWEDEN 2011

- **Sabine Rosén** (Sweden) and ...

Please send us an e-mail and share your *Best Ideas!*

IASK FORUM – AN EFFICIENT WAY OF THINKING SOMETHING THROUGH

The **IASK FORUM** is based on the active contribution of all participants with the objective to deepen every participant's thinking process in order to find solutions or to help develop new concepts.

A very important condition for a Forum to be successful is that no one feels judged or attacked about his/her ideas. When taking their turn, participants do not refer to what has been said before. No one is to react to what has been said before. Of course, you can pass your turn at any time. Active and respectful listening creates a safe environment where everyone feels recognized and, as we all know, when there is no stress, self-consciousness tends to disappear and creativity is at its best.

If time permits, each participant gets 2 or more opportunities to share his or her thinking as it evolves, fed as it is by what other participants say. This iterative process is a very productive and effective way of finding the best solution in a very consensual way. At the end of the process in IASK Conferences, we feel the good energy that flows around.



2011 – IASK AGM

THE NEXT IASK AGM - ANNUAL GENERAL MEETING
WILL TAKE PLACE IN STOCKHOLM, SWEDEN –
MAY 13th FROM 5 TO 7 p.m.

PROVISIONAL AGENDA FOR THE AGM IN STOCKHOLM

- 1- Welcome by the President Nicolette Peyre
- 2- Proclamation of Chairman (MC)
- 3- Proclamation of recording secretary
- 4- Acceptance of the minutes from the AGM in Copenhagen, Denmark
- 5- Report from the President
- 6- Financial report
- 7- Elections*
- 8- Website / Newsletter
- 9- Membership:
 - Dues: the Board suggest that they remain at their present level of 40 euros for regular member, 20 euros for supporting member and 100 euros for associate member.
- 10- Date and place of 2012 AGM
- 11- Date and place of 2013 AGM and International Conference
- 12- Miscellaneous

All IASK members are welcome to send their proposals for any point to be included under Miscellaneous *before April 15th*. Please send your proposals directly by e-mail to the President of IASK, Nicolette Peyre (npeyre@skynet.be).



* **Verônica Affonso, Ann Mc Ferron and Nicolette Peyre** put their positions up for election this year. Verônica and Nicolette have offered to be re-elected. If you wish to join the Board, please contact us quickly. We will let the membership know about your nomination in a future 'News from the Board'. If you do not plan to attend, please send your voting form or your proxy to **IASK's Home Office** before April 15th.

Thank you for participating!

VOTING FORM

Send back to: IASK HOME OFFICE
c/o Sylviane Benacher-Vrillonneau
4 rue de Melun
77930 Perthes-en-Gâtinais
FRANCE

Post marked no later than midnight on April, 15th

FAMILY NAME:

FIRST NAME:

ADDRESS:

ZIP CODE:

COUNTRY:

PHONE:

FAX:

E-MAIL:

1. Nicolette Peyre

2. Verônica Affonso

3.

4.

Please find enclosed a signed copy of the Code of Ethics and proof of a 40 € payment by credit card (PayPal system) on the website or by transfer to:

IASK BANK ACCOUNT:

BNP Paribas (France)

St Fargeau - Ponthierry

Code BIC or SWIFT : BNPAFRPPMEL

IBAN FR 76 30004 02043 00010053273 64

I have paid my dues for 2011. Please find enclosed a signed copy of the Code of Ethics.

I have already paid my dues for 2011 and signed the IASK Code of Ethics.

Date:

Signature:

SCHEDULE FOR IASK 2011 CONFERENCE - SWEDEN

MAY 12ND THURSDAY	MAY 13RD FRIDAY		MAY 14TH SATURDAY		MAY 15TH SUNDAY		
MORNING (9:00-12:00a.m.)	MORNING (9:00-12:00a.m.)		MORNING (9:00-12:00a.m.)		MORNING (9:00-12:00a.m.)		
X	9:00	Welcome by the President	9:00	Good Morning and Announcements	9:00	Good Morning and Announcements	
	9:20	The Board introduces itself	9:15 10:15 10:30	Ignez Carvalho / Brazil Questions / Answers	9:15 10:15	Harald Blomberg /Sweden	
	9:30	The participants introduce themselves and say where they come from, K-Modalities and subjects for Forum / Best Idea ?			10:15 10:30	Questions / Answers	
10:30 11:00		COFFEE BREAK	10:30 11:00		10:30 11:00	COFFEE BREAK	
X	11:00 12:00	Mac Pompeius Volontis / Sweden	11:00 12:00	Diego Vellam / Italy	11:00 12:00	Sandy Gannon / IKC	
	12:00 12:15	Questions / Answers	12:00 12:15	Questions / Answers	12:00 12:15	Questions / Answers	
					12:15 12:45	Closing Ceremony	
		LUNCH TIME (12:15 – 13:45)		LUNCH TIME (12:15 – 13:45)		LUNCH (12:45-14:00)	
AFTERNOON (12:00-17:00)	AFTERNOON (13:45-18:15)		AFTERNOON (13:45-18:15)		AFTERNOON (14:00-19:00)		
Research Projects for Specialized Kinesiology Workshop Magnus Birk Clausen 12:00– 17:00	13:45 14:45	Nicolette Peyre – Belgium	13:45	Country Reports	Rhythmic Movement Training Workshop Harald Blomberg 14:00 –19:00		
	14:45 15:00	Question & Answers					
	COFFEE BREAK (15:00-15:30)		COFFEE BREAK (15:00-15:30)				
	15:30 16:30	Björn Westin – Sweden	15:30 16:00	Sabine Rosén			
	16:30 16:45	Questions & Answers	16:00	My Very Best Idea			
17:00 19:00	IASK – AGM	16:30	IASK Forum				
EVENING		EVENING		EVENING			
WELCOMING PARTY 18:30-21:30	Free Time to Network		Boat Trip with Dinner 19:00–23:15				
MAY 16 th – MONDAY BJÖRN WESTIN	From 09:00 a.m. to 17:00 p.m.		Ear-Acupressure combined with Kinesiology Workshop				





IASK PRESENTS: “CONNECTING ENERGIES WITH THE SPEAKERS”

NICOLETTE PEYRE – BELGIUM (IASK PRESIDENT)

npeyre@skynet.be - www.kinesiologie-bruxelles.be
(Friday 13th, May 2011, from 01:45 p.m. to 03:00 p.m.)

“STRUCTURE / FUNCTION”

ABSTRACT

Some of the greatest minds of all time, starting long before Aristotle, have studied morpho-psychology. Three in One Concepts brought to **Specialized Kinesiology** a deep and extremely respectful presentation of the way our structure; our traits tend to express themselves. They call it Structure/Function. Nicolette is very grateful for this very respectful and useful approach of face reading. It helps to override a lot of our knee-jerk reactions to other human beings' structures. “We can more of the time make informed choices about our physical and emotional well-being”, she said. In the presentation Nicolette will show by way of a few examples, how you can use what you know about yourself and what you see in others to make life easier on yourself and on those who are important to you.

BIOGRAPHY:

After a few years of conference interpreting, Nicolette got hooked on Energy Kinesiology 20 years ago and now teaches Touch for Health and the One Brain system-Three In One Concepts. She is a Three in One Concepts Faculty and is very busy with clients and the School she has set up. She is also the President of **IASK** - International Association of Specialized Kinesiologists.

DIEGO VELLAM – FROM ITALY - (IASK BOARD MEMBER & PRESIDENT OF FEDERATION OF KINESIOLOGY)

info@accademiadikinesiologia.it - www.accademiadikinesiologia.it
(Saturday 14th, May 2011, from 11:00a.m. to 12:00p.m.)

“WHAT IS KINESIOLOGY? (AND WHAT IS NOT).”

ABSTRACT

The purpose of this presentation is certainly not that of getting a final definition for a discipline that is still so much within a healthy process of evolution, but rather to stimulate a better understanding and awareness of how Kinesiology and its scopes have changed along the years since its introduction by George Goodheart back in 1964, meanwhile casting a glance towards its future.

BIOGRAPHY

Ph.D. in Molecular Physics. Has been working extensively within Kinesiology since 1990. Had the opportunity to study directly with many of the key figures in the field (among others John Thie, Carl Ferreri, Sheldon Deal, Richard Utt, Bruce Dewe, Wayne Topping, Hamilton & Elizabeth Barhydt, Philip Rafferty, Gordon Stokes, Daniel Whiteside, Andrew Verity, Alan Sales) teaching for years the courses of most of them. He got proficient, besides Kinesiology, in Naturopathy, Craniosacral Therapy, Polarity Therapy and Sound Therapy. He introduced new opportunities in the field (like the "Holistic Interaction" discipline) and developed more than 20 new courses that have been regularly taught within the Academy of Kinesiology in Italy, which he founded in 2000 and has been directing ever since. In 2004 he founded the Federation of Kinesiology, a Non Profit Organization recognized by the Italian Government in consideration of its aims of high social interest, to the purpose of sharing the resources offered by Kinesiology in all of its different branches and aspects. He has been member of the I-ASK Board since 2005.

MAC POMPEIUS VOLONTIS - FROM SWEDEN,

info@kinesiologi.se - www.kinesiologi.net
(Friday 13th, May 2011, from 11:00 a.m. to 12:00 p.m.)

“NEUROLYMPHATIC REFLEXES”

ABSTRACT

Mac will lecture about how the “Neurolymphatic Reflexes” can be used for finding the internal organ/gland in priority to balance.

BIOGRAPHY

Mac has been working with Kinesiology for many years (focusing on teaching and Kinesiology Education), mostly with Applied Kinesiology, Touch for Health Kinesiology and other related manual Kinesiologies. He is the founder and head of the Swedish Kinesiology School.

SANDY GANNON – FROM ENGLAND - (IKC PRESIDENT)

SGannon11@aol.com

(Sunday, 15th May 2011, from 11:00a.m. to 12:30p.m.)

“FENG SHUI AND TOUCH FOR HEALTH”

ABSTRACT

The lecture will allow people to understand how energy tends to flow within a space, how restrictions or blocks in the flow can affect individuals inside the space, which features can cause problems and how these can be balanced. Learning how to use the Ba-Gua will quickly enable participants to recognise problems and effect simple, potent cures to restore balance and harmony within the space - an office, home, room, building of any kind.

BIOGRAPHY

Sandy has worked in the field of complementary therapy for 30 years. Through this time, she has added many skills to the energetic "touch" with which she began and now draws on many healing modalities to effect energy change in her clients and students. Among all the wonderful tools she feels blessed to use, Touch for Health, Feng Shui and Aura-Soma remain her true loves.

But she loves people the most!!!!!!!!!!!!!!

Sandy Gannon is a Touch for Health Instructor and Trainer, Professional Kinesiologist and Aura-Soma Consultant. She teaches her own Vibrational Healing workshops internationally.

Currently, Sandy is the President of the International Kinesiology College, Faculty for Touch for Health, England and co-founder of the Touch for Health Professional training in the UK.

BJÖRN WESTIN – FROM SWEDEN

bjorn@gigonginstitutet.se

(Friday 13th, May 2011, from 15:30 to 16:30p.m.)

“DEEPENING THE LINK BETWEEN KINESIOLOGY AND TRADITIONAL CHINESE MEDICINE”

ABSTRACT

“When I met Kinesiology in the early nineties I was already practicing a TCM-based form of Acupressure. Although impressed and inspired by some of the new ways kinesiologists used the acupuncture system, I also found it disturbing that Kinesiologists never found the same points as a TCM-practitioner would.

Was the Chinese wrong with their choice of points after so many thousands of years, or was there something lacking in the way we, as Kinesiologists, test the acupuncture system? Becoming a more and more devoted Kinesiologist, this question did not give me peace of mind. After several years of research, trying out many different approaches, at last I found (building on some discoveries made by Mac Pompeius Wolontis) a way with Kinesiology that would give a similar set of points, and later also a closer similarity in diagnosis using a unique way to muscle-test the 5 elements, which I will share with you, in the lecture.

Having given thousands of treatments and taught the material to several classes I feel confident that this approach is clear, grounded, and gives great results, not only for me but also for my students.”

BIOGRAPHY

Björn Westin has almost 20 years of experience as a professional therapist. He started his Kinesiology-training in 1993, and has studied a number of different schools; Manual Kinesiology (MK), TFH (including teacher training in 1996), AK, AP, NEP and others. He has also studied several other forms of bodywork, including Acupressure, Acupuncture, Japanese and Swedish Massage.

Björn has a deep interest in Traditional Chinese Medicine, and its spiritual aspect through Qi Gong-practice. This has led him to many journeys throughout Asia, with meetings and trainings with several high level practitioners, thus deepening his understanding and respect of the greatness which lies at the roots of TCM.

Björn has been teaching since 1994 (first Traditional Japanese Massage, and later on Qi Gong and Kinesiology). Currently he teaches the courses in Kinesiological Acupuncture & Acupressure at Svenska Kinesiologiskolan (Swedish School of Kinesiology), for those already trained in Kinesiology.

IGNEZ CARVALHO & DANIELE RIBEIRO, FROM BRAZIL

ignezlc@hotmail.com

(Saturday 14th, May 2011, from 09:15 to 10:15a.m.)

“SYSTEMIC LYMPHATIC DRAINAGE”

ABSTRACT

Manual Lymphatic Drainage Therapy (MLDT) is one of the most sought after techniques nowadays for aesthetic and health care purposes. Research has found MLDT disrupts neurological skin direction and hinders natural lymphatic drainage. With Specialized Kinesiology and accompanying procedures developed in treatment, we present an improved work protocol: Systemic Lymphatic Drainage. This leads to dependence on external help and hinders natural drainage. MLDT can be improved and drainage increased with muscle testing and other Specialized Kinesiology technical resources, systematizing the procedures differently.

BIOGRAPHY

Ignez Carvalho, has years of experience as a professional therapist. She is graduated in Speech Therapy. When started her Kinesiology-training she has studied a number of different schools as TFH, Three in One Concepts, Balanceamento Muscular, Wellness Kinesiology, Neural Organization Technique (NOT), PKP, Self Help for Stress and Pain, and others. She has also studied and did several researches, on several other forms of bodywork, including concepts of Chinese Medicine beside others.

HARALD BLOMBERG – FROM SWEDEN

harald@blakulla.net

(Sunday 15th, May 2011, from 09:15 to 10:15 a.m.)

“THE RHYTHMIC MOVEMENT TRAINING”

ABSTRACT

During the past four years I have attended several courses in primitive reflexes and life long reflexes taught by a Russian specialist, Svetlana Masgutova. She teaches a method of kinesiological integration of primitive reflexes that has proved to be much more efficient than Peter Blythe’s method and has become a very valuable addition to the rhythmic movement training especially for adult patients and older children. I have integrated her method in my work and also use it in my teaching about primitive reflexes.

BIOGRAPHY

Harald Blomberg is a psychiatrist based in Stockholm, Sweden. He has developed the Rhythmic Movement Training program on the basis of rhythmic exercises he learnt from Kerstin Linde whom he met in 1985 and developed the work by adding exercises to integrate primitive reflexes. In 2004 he started to regularly teach courses in Rhythmic Movement Training. Dr Blomberg has further started to teach courses in Rhythmic Movement Training in 2004 a number of instructors have been trained in Sweden, Finland, Spain, the UK, the US, Australia and Indonesia. Until today courses in Rhythmic Movement Training have been taught in at least 20 countries and the course manuals have been translated into eleven languages.

MY VERY BEST IDEA

SABINE ROSÉN – FROM SWEDEN

www.massagenier.se

(Sunday 15th, May 2011, from 11:00a.m. to 12:30p.m.)

REPORT RESEARCH PRESENTATION IN COPENHAGEN

As we announced earlier, the IASK Board is aware of the need to foster research projects aimed at showing the efficacy of Specialized Kinesiology methods without losing the holistic viewpoint. We asked a young Danish researcher, Magnus Birk Clausen, to help us develop specific methodologies. A reductionist approach might miss the empowering and often transcendental experience Specialized Kinesiology sessions often enable for the clients.

The 'Research and Methodology' presentation given by Magnus in Copenhagen this year was very inspirational and is a very good basis for the full-fledged research workshop we will hold with him as a pre-conference workshop in Sweden, May 12th. I promised you I would try to write a full review in this Newsletter. Those are only my notes and do not engage Magnus’ responsibility in any way. Some things might look out of context, and you could choose to read this as ‘a glimpse into the different ways to approach research in Specialized Kinesiology’ as Magnus would call it.

Annemarie Goldschmidt had suggested to Magnus that he start with a constructive criticism of her application for funds for a research project about the way body-mind-spirit connectedness, within the client and between the Kinesiologist and the client, effect the results of the sessions.

RESEARCH AND METHODOLOGY

A report from Nicolette on the May 2010 presentation by **Magnus Birk Clausen**

Research does not need to be proof bearing. It is a study of reality and aims at getting knowledge about a given subject. There are two kinds of Research: Descriptive (experience – How clients are feeling) and Causal Relationship (effects of session). In Annemarie's application, this is not clear in the methodology.

If the description or formulation of the problem is not clear enough, the methodology will not be clear either. It should emerge from the setting up of the thesis.

TITLE (better keep it very short)

THESIS: 3 criteria = clear, limited, open; Can be long if then broken down in different parts.

RELEVANCE (ex. 'Never studied before')

We can start from POSTULATES OR PRECONDITIONS, but we need either to show how our former background explains why we can use them, or need to pretend we are open and don't know anything about it = OPENNESS.

- We can say for instance: "We want to see IF there is connectedness..." We need to take a hard look at our own preconditions: What do I need to get rid of in my head to be open? This is my personal point of view, what effect might it have upon my research?
- We need also to be able to reformulate the thesis when some things crop up and go into the direction the research is taking us to.

In Annemarie's case, alternative ways to state the subject could have been:

*What do I wish to explore? **TITLE:** Long-term effects, Patient role and own effect on experience.*

Research questions or **THESIS:**

- *Does the better a client know about his/her role improve the effects of the treatment?*
- *If so, what are the short and long-term effects on his/her quality of life?*

We can then break down the thesis into many different questions:

- *Does inner connectedness?*
- *Does connectedness with the practitioner ...?*

RESEARCH METHODS

A THEORETICAL – Those are not adapted to our kind of work even though there is always some theory in a research project.

B EMPIRICAL

B1 – QUANTITATIVE - Data gathered by means of a survey can only indicate percentages of success and, though interesting to refer to in a research, would not be very useful. If you use the Internet, you can get a lot of data but the questionnaire has to be really well designed to be useful. It is better to have an interviewer helping to fill in the questionnaire when you ask abstract questions about the quality of life. In a 'completely structured interview', when people answer on a scale of 1 to 5 "How do you feel about these 10 items", some will tend to answer by crossing box 4 all the way down. To avoid that, make questions both positive and negative. Do one or more pilot(s) on 2 or 3 persons once you have drafted your questionnaire to get the questions right.

B2 - QUALITATIVE

- Interview (Structured or Semi-structured)
- Time design
- Comparative design
- Case-study

Qualitative studies enable you to go deeper and to study the specific quality of a phenomenon.

The **semi-structured interviews** can be with 'Narratives' and or 'Reflexiveness'. There is a plan, but you have broken down the main questions into big parts. You write down what the informant tells you and you can use the answers to lots of different topics in order to shed light on the answers you got from you basic questionnaire.

With 'Narratives' you can gather more abstract data, having more to do with the subconscious for instance. You can ask questions such as "What did you do the day after the session when you woke up in the morning?" You can then let the informant (the person who answers the question) elaborate before you come back to the reflexive level.

With 'Reflexiveness', after the person has been able to let her feelings out in the narrative part, you can come back to important points where you felt there was more to it. For instance, if the informant tells you in the

narrative that the morning after the session he went down to the garden, you can ask them later : Can you describe what you did exactly in the garden? Some informants won't have reflected at all about how strange it is for them to be in the garden so early in the morning, enjoying walking on the grass.

As is the case for questionnaires in quantitative studies, you had better do a pilot on a few people to get the questions right for **comparative design** or **interview** formats. Designing the questions is much harder than you would normally think, and it requires formal training or reading good books.

The questionnaire is much more specific than an evaluation form which can be more general, with open questions ('Why did you choose to come to a Kinesiologist?'). Do not mix questionnaires and evaluation forms in the same project. If several modalities are studied, it is better to have an independent party (not involved in any of them) to conduct all the interviews.

For **comparative design** it is better to have 3 groups: if you study the effect of Kinesiology sessions on children for instance, a 1st group could be having only special education support, a 2nd group only Kinesiology sessions and a 3rd group could take a walk with an adult.

Time design: Questionnaires and interviews can be used over time (1 week, 3 months after sessions) and then the researchers can try to understand why the answers change over time.

Comparative studies: For instance a comparison of how hospital patients and kinesiology clients understand their role in the 'getting better' process.

Case study: Get as much Information you can about one case or several cases. You can construct your own case starting with 2 clients.

In order to prove effects beyond what the client's reports feeling, we can use **OBJECTIVE MEASURES** (blood pressure, blood balance...) as well as interviews on the quality of life.

EXAMPLE of an ABSTRACT RESEARCH PROJECT

'Aesthetic experience of transcendence'

Magnus Birk Clausen's research project with fellow students

THESIS:

A common thing (whatever our age and gender) is to experience transcendence through aesthetic experiences.

SETTING UP:

There were 3 different age groups (7-12), (25-35), (55-60), equal number of males and females

METHODOLOGY:

We used **semi-structured interviews**;

- 1) **Time:** The first goal was to get a description of simple specific stages of experience. 'When you had that experience, what happened first?'
- 2) **Narratives:** 'Tell us about a beautiful experience, the one that had most impact on you'. The narratives are complex, with a lot of components, feelings connected to the experience and were sometimes a bit fuzzy, but everybody has lots of different beautiful experiences (putting kids to bed, sunset etc.). All the persons we interviewed (save one) had experienced transcendence. Through further questioning we could go into details and to really abstract elements: Experience in the Body, the Mind, then thinking about the body and mind experience (usually, thinking about it destroyed the experience).
- 3) **Reflexiveness:** As the interview progresses, we get more details and metaphors 'time stood still', 'my body awoke' which lead to more reflective questions: What does 'time stood still' mean for you? etc.

ANALYSIS

After the interviews, you analyze (transform and interpret) in order to see how narratives fit with the theory. We used a table with the 3 factors : time (stages of experience), body experiences, mind experiences. The metaphors used were so 'radical' that it showed it was not only a nice, pleasant experience. The respondents had really described transcendental experiences. One of the kids used the word 'flow' in his narrative which happened to be almost a perfect match with the Flow theory. And we could distinguish between his experience and that of others because of the time staging factor. He did not describe the moment that hit others in transcendental experiencing. He was ecstatic but not transcended.

POST CONFERENCE WORKSHOPS

EAR-ACUPRESSURE COMBINED WITH KINESIOLOGY *Bjorn Westin*

About the workshop:

In this workshop we will look at how to integrate ear-acupressure into kinesiology. We will use the basic Chinese map of the ear, and also look at the so called 8 Master Points. Ear acupressure can be used in combination with any Kinesiology method (or other forms Body-Work).

Normally the active points in the ear are the last to disappear in a kinesiology-treatment (meaning they will still TL after you have done your normal work), thus showing their importance.

Our treatment will be a very specific massage technique on the active points, after which we will place seeds (covered with plaster) on the points, giving the client a great, exact and easy to use tool to "continue the treatment between treatments".

This workshop roughly covers the first day of seven from the in-depth Ear-acupressure/acupuncture training at Svenska Kinesiologiskolan. Even though it is far from covering the whole material it will still give you a practical tool which you can start to use immediately, combining it with the Kinesiology you're already doing.

IASK WORKSHOP ON RESEARCH – MAY 12TH, 12.00 TO 17.00

MAGNUS BIRK CLAUSEN - DENMARK
mcbirk@hotmail.com

We are still working on the contents of our IASK Workshop on Research, together with some prominent members of TFHKA and IKC who are also interested in synergies around research. The Copenhagen report will serve as background to the workshop in Stockholm. More details later on our website and next News from the Board.

- ❖ **Annemarie Goldschmidt**, from Denmark, **IASK** ex-President and Board Member, had been present at IKC International Kinesiology Conference held in Japan where she gave a well received lecture on "Kinesiology and Research. Context and Content".

The topic was "*The Art of Giving and Receiving*", and it was the first IKC conference held in Japan. She participated in a Three in One Concepts' Gala in Kyoto in 2000, so it was great to be in Kyoto once more. She was invited to give a presentation and as a representative of IASK.

About 125 people participated from Japan, China, Hong Kong, New Zealand, Australia, USA, Canada, Argentine, England, Ireland, Austria, Germany, Spain, Italy, Russia and Denmark.

As she said, the conference was very well organized, the staff kind, smiling, helpful, and it was as always a joy to see "old" Kinesiology friends again, and to meet "new" people. New contacts were established, new networking got started, old expanded.

The main emphasis was to honour **John F. Thie** for his contribution to the healing arts by creating Touch for Health. John's face was looking at the audience at the entrance and in the conference hall. At the opening of the conference a one minute of silence was held in honour of the three great organizers, **John F. Thie, Gordon Stokes and George Goodheart**, who passed away in 2005, 2006 and 2008.

There were of course many good presenters, among which were **Matthew Thie, Earl Cook, Paul Dennison, Wayne Topping, Adam Lehman, Hugo Tobar, Amy Choi**.

Annemarie's presentation on "**Kinesiology and Research - Context and content**" was very well received by the international Kinesiologists and Colleagues. She is glad, that we, Specialized Kinesiologists, are putting emphasis on research and methodology in IASK, as well through the workshop in May 2010 as through the expanded workshop in Stockholm on May 12th 2011. John Thie emphasized the importance of collecting not only testimonies, but case stories and real data, and e-touch was created in cooperation between him and Earl Cook. Earl has a database with lists of scientific research made in Kinesiology, most of which in Applied Kinesiology by chiropractors.

In the conference manual was printed an article, she wrote about IASK telling a little of the history. You can find the article at the homepage. She also made good Public Relation for IASK 2011 Conference in Stockholm, and IASK got a handful of new members as well as another handful of renewals of membership. Many participants were interested in the new IASK brochure, and she left several with Kenichi Ishimaru, the Japanese Kinesiologist, who put together this conference with the most valuable assistance by Kayoko. Both were given a minute long applause as a thank you from the conference participants.

She can whole heartedly encourage all Kinesiologists to participate in as well local as International Conferences. You will get the possibility in, for instance Stockholm, Sweden May 12th – 15th 2011.

We can feel the warm regards from Annemarie Goldschmidt.



IASK CONFERENCE 2011 REGISTRATION FORM

PLEASE SEND BACK TO:

Mia Dalle Näf mia.dalle.naf@3mail.se and
Birgitta Birath birgitta@birgittabirath.se

PLEASE, write in **CAPITALS!**

FEMALE: MALE:

NAME:	FIRST NAME :
ADDRESS:	ZIP CODE/CITY:
PHONE:	COUNTRY:
E-MAIL:	

REGISTRATION and PAYMENT

(The price below is for Conference, breaks and lunches + Gala Evening and Welcome Party)

Check off with an "X" at the end of the line

	Member		Non-member	
By February, 28 th 2011	€ 220,00		€ 260,00	
By March, 10 th 2011	€ 250,00		€ 290,00	
By April, 20 th 2011	€ 280,00		€ 320,00	
After that if there is still room then	€ 300,00		€ 340,00	

WORKSHOPS

Magnus Birk CLAUSEN	May, 12 th	12-5 p.m.	+ € 60,00	
Harald BLOMBERG	May, 15 th	2-7 p.m.	+ € 60,00	
Björn WESTIN	May, 16 th	9 a.m.-5 p.m.	+ € 90,00	

IF YOU CAN'T STAY FOR THE WHOLE CONFERENCE

		Member		Non-member	
Daily Rate Friday (including May 12th, Welcoming Party)	May, 13 th	€ 140,00		€ 160,00	
Daily Rate Saturday	May, 14 th	€ 130,00		€ 150,00	
(+ Boat trip plus dinner)	May, 14 th	€ 40,00		€ 60,00	
Daily Rate Sunday	May, 15 th	€ 70,00		€ 90,00	

TOTAL =	€	I pay by PayPal*	I pay by bank transfer*
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*PAYPAL : GO TO THE WEBSITE www.iask.org

*IASK BANK ACCOUNT :

BNP PARIBAS FRANCE	BIC or SWIFT Code : BNPAFRPPMEL	IBAN FR 76 30004 02043 0001005327364
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MEALS: All meals are vegetarian except boat dinner (buffet)

REFUND requests must be in writing. Full refund requests need to be postmarked by February, 28th 2011.

- 75% of your payment, requests need to be postmarked by March, 20th 2011. No refund after March, 20th 2011.

FOR MORE INFORMATION, please go to our Website www.iask.org or contact Conference organizers by e-mail or by phone:

Mia Dalle Näf - mia.dalle.naf@3mail.se +46-707-33 11 26 (Mobile)
Birgitta Birath - birgitta@birgittabirath.se +46-8-710 36 46

MINUTES OF THE 2010 AGM

COPENHAGEN, DENMARK – MAY, 27th 2010

PRESENT: Board members - Mia Dalle Näf, Annemarie Goldschmidt, Nicolette Peyre, Denyse Saint-Arroman.

EXCUSED: Board members - Verônica Affonso, Sylviane Benacher-Vrillonneau, Ann McFerron, Diego Vellam.

1 - WELCOME BY THE PRESIDENT

Annemarie Goldschmidt opened the meeting and welcomed everybody. The attendees introduced themselves.

She asked if anyone wanted to add something to the Agenda.

Jean-Pierre Norguet added an item under Miscellaneous: Research and decision-making process

2 - PROCLAMATION OF CHAIRPERSON

Annemarie was proclaimed Chairperson of the AGM.

3 - PROCLAMATION OF RECORDING SECRETARY

Nicolette Peyre was proclaimed Recording Secretary for the AGM.

4 - ACCEPTANCE OF THE MINUTES FROM THE AGM IN WASHINGTON, DC - USA

The minutes from the AGM held in Washington in 2009 were unanimously approved.

5 – REPORT FROM THE PRESIDENT

“We have continued to have almost monthly Skype meetings. It works perfectly. We speak in alphabetical order. We also have two face to face meetings each year. The last face to face meeting was held in Paris in January. We have tied up all loose ends and we have everything also on a USB key outside the Home Office. We have a new webmaster and since he is attending this meeting I shall let him talk about the website.

The 2009 AGM was held in July in Washington, DC. The members had shown an interest in Research. I wrote and asked for feedback from people about research they were doing. We have not received any answer yet but we decided to organize an IASK workshop on How to do Research and are getting a start tomorrow with a presentation on Research and Methodology. It will lead to a full-fledged workshop on Research at the 2011 IASK Conference in Sweden.

We have a Board of Advisors which comprises now 5 persons (I was a member of that Board when it was set up in 2002 but was asked –and agreed- to come back on the Board of Administrators). The current members are Richard and Shanti Duree, Coby Schaasfoort, Andrew Verity and Adam Lehman, President of the Awareness Council. Both Adam and Andrew are very interested in Research and Richard was willing to help with the website. Unfortunately they are all very busy and we are waiting for their suggestions.

We have set up Pay Pal on our website (www.iask.org) so that people who live outside the Euro zone can pay their dues more easily. They have not reacted yet to this improvement. However it is difficult to keep in touch with members via emails only. This is the reason why we decided to send at least one Newsletter per year by ordinary post and use emails in a better way. People are overwhelmed by the number of emails they receive and do not react to them anymore.”

Annemarie invited comments and Mia Dalle Näf mentioned the fact that Touch for Health does a really nice Newsletter, with tips about their CD. We also need a box to unsubscribe in case people do not want to receive the Newsletter. Some people would rather just go to the website to get the information.

6 – FINANCIAL REPORT:

Sylviane Benacher-Vrillonneau, treasurer, prepared the financial papers. They were checked by Jean-Pierre Norguet and Josie Scholman who reported that they were clear. Annemarie presented the report and invited members who wished for more details to have a look at the financial documents.

On December 31th, 2009, there was 1151,46€ in cash and 14989,76€ in the bank for a total of 16141,22€.

Income is all from membership fees. Expenses include copies, website and postage. Board members pay for all their own expenses.

The Chairperson asked the members to approve the accounts. The General Assembly approved the accounts unanimously.

7- WEBSITE:

Jean-Pierre Norguet, IASK's new webmaster, presented his work. He prefaced his presentation by explaining he was very happy to do the work because he is now a kinesiologist but could use his previous profession skills and also because he loves the spirit of IASK. He changed the design, using a new programme that makes changes much easier to make. He tried to understand the decision process within the Board, to know who was to decide for the new lay-out etc... since it is important that everyone feels happy with the result.

Annemarie thanked Jean-Pierre and explained that we work in the following way. Somebody makes a proposal, everybody answers with cc to everybody else in the Board and then the person who made the first proposal corrects according to the comments received, and that process continues until everybody is satisfied.

8 - MEMBERSHIP AND DUES

Currently we have 51 members total –including 7 associate/organization. The Board suggested that the dues be raised to 45€ for regular members, 25€ for supporting members, 110€ for Associate members. The membership voiced considerations that the Boardmembers themselves had had about the bad time, the current recession making life quite hard for everyone. The President concluded that the Board would reconsider that proposal.

9 –DATE AND PLACE OF 2011 AGM AND INTERNATIONAL CONFERENCE

13-15 May, 2011 in Stokholm, SWEDEN. Birgitta Birath, a former member of the Board accepted to be in charge of the organization of the Conference. She has to give a final answer to the hotel by June, 1st 2010 and she is supposed to get the help from the Body Therapists' organization. We will discuss the details at the next Board Meeting. IASK uses the open forum format. It is an important tool for sharing ideas and must not disappear because of the participation of the Body Therapists' organization. Maria Löfgren, a member of that organization, acknowledged that there was a lack of awareness about the 2011 Conference and that she would check. There was some discussion about the arrangements to be made and it was decided that the matter would be further discussed within the Board and with Maria during the next 2 days.

10 –DATE AND PLACE OF 2012 AGM

Yet to be decided by the Board.

11 – MISCELLANEOUS:

DECISION-MAKING PROCESS:

This question was answered by Annemarie earlier.

RESEARCH:

Jean-Pierre would really like to do research. He has some experience in his previous field of experience and would love to develop projects to prove the efficacy of Kinesiology. Universities are not very open to that kind of subjects but a professor in a university (in the totally French-speaking part of Belgium - a previous project was turned out by the Flemish board members of another university) was enthusiastic and sent 2 people to his consultation to check the subjective efficiency. Jean-Pierre thinks this professor will want to go on with more objective studies.

Followed a good discussion about research. IASK could fund IASK multi-national pilot projects which could then turn to the European Union for funding. There is a special meeting about research tomorrow and the Board will further develop its ideas also on the basis of what will come out of that meeting.

PRESIDENCY:

Annemarie Goldschmidt told the members that the next Boardmeeting will also elect a new President because she was stepping down as she had announced last year.

Report drafted by Nicolette Peyre

INVITATION TO NEW AND PAST ACTIVE MEMBERS ORGANIZATIONS OR SCHOOLS

Let's Join IASK !!!



We would like to invite you, your Organization or School to become an associate member of IASK and to join us in our vision of worldwide cooperation and sharing.

As an active and associate member of IASK, you will have better visibility worldwide and have ample opportunity to network with colleagues and other professional organizations & schools in other countries.

Further advantages of membership are:

- Link to your homepage
- A personal page on our website and a listing of your schedule (easily updated)
- Free use of your membership status in IASK to advertise your activities, school or association
- Direct invitations to participate in IASK conferences
- Reduced prices for participation in IASK events
- Newsletter twice a year
- Exchange of information about research in Specialized Kinesiology
- Participation in an open forum for the introduction and discussion of new Kinesiology Techniques

However, for us the main reason for becoming a member is that you feel you share the ideals of **IASK**.

The Code of Ethics, the Aims and Goals of IASK and the Membership Form can be downloaded from IASK Website



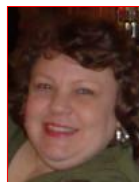
IASK - Board's Functions

WE COVER 7 NATIONALITIES AND AMONG US AS LEAST AS MANY LANGUAGES

**Sylviane Benacher
Vrillonneau**



**Verônica
Affonso**



**Annemarie
Goldschmidt**



**Diego
Vellam**



**Denyse
Saint-Arroman**



**Ann
McFerron**



Nicolette Peyre



Mia Dalle Näf

LIST OF BOARD MEMBERS, LANGUAGES SPOKEN, PHONE NUMBERS, E-MAIL ADDRESSES

Annemarie Goldschmidt Country: Denmark	Danish, English, German	+ 45 39 67 38 38 (Tel.) + 45 39 67 38 38 (Fax)	dkpaed@yahoo.dk
Ann McFerron Country: United States	American English	+ 1 580 725 -3411	annmcferron@hotmail.com
Denyse Saint Arroman Country: France	French, English	+ 33 5 61 81 92 10 + 33 681 72 34 32	denise.saint-arroman@wanadoo.fr
Diego Vellam Country: Italy	Italian, English, Spanish, French	+ 39 2 533 634 (Tel.) + 39 1782 2258 02 (Fax)	info@accademiadikinesiologia.it
Mia Dalle Näf Country: Sweden	Swedish, English, German	+46-8-33 11 26 +46-707-33 11 26 (Mobile)	mia.dalle.naf@3mail.se
Nicolette Peyre Country: Belgium	French, English, Spanish and Dutch	+ 32 2 649 49 68 (Tel.)	npeyre@skynet.be
Sylviane Benacher-Vrillonneau Country: France	French, English, Spanish	+ 33 1 60 66 02 44 (Tel.)	SYLVRI@wanadoo.fr
Verônica A. P. Affonso Country: Brazil	Portuguese, English, French, Spanish	+55-21- 25 49 05 28 (Tel.) +55-21- 9943-4668 (Mobile)	kinesiologyveaf@br.inter.net

Nicolette Peyre, from **France & Belgium – President**
Verônica A. P. Affonso, from **Brazil – Vice-President**
Ann McFerron, from **United States – Secretary**
Sylviane Benacher-Vrillonneau, from **France – Treasurer**
Annemarie Goldschmidt, from **Denmark – Board Member**
Denyse Saint-Arroman, from **France – Board Member**
Diego Vellam, from **Italy – Board Member**
Mia Dalle Näf, from **Sweden – Board Member**



READERS' CORNER



- ❖ There is an Association in Argentina called “*Asociación Argentina de Equilibrio y Testeo Muscular*”. At the moment it is disabled. But a group of **Argentine Kinesiologists** is trying to rebuild this **Kinesiology Association**. If they succeed, it will be valuable for the development of **Kinesiology in Argentina** and in **South America**.
- ❖ The **IASK** Conference material will be put in very special bags. These bags are being lovingly produced by a group of 15 French artisans who meet once a week working with patchwork. It is a special group that does this kind of handicrafts works for 21 years. The income that results from this work is aimed at helping an association that takes care of autistic children. So, the bags are special and unique, no one will have equal. They are being made for you, **IASK** members who will be attending this conference.
- ❖ **Ignez Carvalho** from Brazil, Speaker of the 2011 IASK Conference in Sweden, gave a lecture at the 4th Symposium of IBBM - Instituto Brasileiro de Balanceamento Muscular/Kinesiology, held in Rio de Janeiro – Brazil in August, 2010
- ❖ **Annemarie Goldschmidt**, from Denmark, **IASK** ex-President and Board Member, had been present at IKC International Kinesiology Conference held in Japan where she gave a well received lecture on "Kinesiology and Research. Context and Content".

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She can whole heartedly encourage all Kinesiologists to participate in as well local as International Conferences. You will get the possibility in, for instance Stockholm, Sweden May 12th – 15th 2011.

We can feel the warm regards from Annemarie Goldschmidt.

- ❖ **YOU** can also send us News, Comments and Suggestions about Kinesiology. We’ll publish them here!!!

www.info.iask.org



WHAT YOU NEED TO BECOME AN IASK MEMBER

UNDERSTAND AND SUPPORT THE AIMS AND GOALS OF IASK

COME AND JOIN US, SHARE OUR VISION

AS A COMMUNITY OF SPECIALIZED KINESIOLOGISTS!

IASK AIMS

IASK is an international membership association of active Kinesiologists – a group of friends - who convey worldwide the spirit and ideals of Kinesiology.

IASK brings together practitioners of all forms of Kinesiology.

The members of IASK support, inspire and enrich each other in their own personal development and professional work.

The abundance of knowledge and experience worldwide can, through sharing, become an invaluable source of productivity and creative growth.

IASK GOALS

- To establish the professional image of Kinesiology worldwide.
- To offer a platform for international exchange of personal and professional experiences.
- To organize international conferences and meetings.
- To be a forum for the introduction and discussion of new Kinesiology techniques.
- To provide guidance to allow practitioners to assume their personal responsibility, based on the IASK Code of Ethics.

MEMBERSHIP

In accordance with the Bylaws

ARTICLE 5: DEFINITIONS

- a) *Specialized Kinesiology* is the art of assessing the energetic systems of a person by using precision muscle testing as a biofeedback mechanism. Using the same feedback, a *Specialized Kinesiologist* identifies appropriate protocols for promoting, restoring and maintaining balance within these energetic systems.
- b) A *Specialized Kinesiologist* is a registered member of IASK using *Specialized Kinesiological Methods* and an educational model to improve his/her clients' awareness and willingness to foster their own wellbeing.

MEMBERSHIP CATEGORIES

There are four categories of membership.

ARTICLE 6a: All members of the Association agree to abide by, and uphold IASK's *CODE OF ETHICS*.

Membership in **IASK** is divided into four categories;

1. **REGULAR MEMBERSHIP :** Open to anyone who uses Specialized Kinesiology methods with clients and has signed the IASK Code of Ethics. The dues for regular membership are 40 euros.
2. **HONORARY MEMBERSHIP:** Offered by the Board of Directors for outstanding contribution to IASK and the field of Specialized Kinesiology. There are no dues for honorary membership.
3. **ASSOCIATE MEMBERSHIP :** Open to anyone or to any organization supporting and wishing to contribute to IASK's work and aims. The dues for associate membership are 100 euros.
4. **SUPPORTING MEMBERSHIP:** Open to students and retired Specialized Kinesiologists. The dues for this category of membership are half the amount set for regular members. The dues for supporting membership are 20 euros.

ARTICLE 6b: Regular and honorary members have the right to vote.

ARTICLE 6c: Intention to resign, or if a member's dues remain unpaid at the end of three months.

ARTICLE 6d: Membership may be terminated if the Board decides that a member has acted contrary to the purpose or the Code of Ethics of the Association. The member concerned may ask to appear before the Board of Directors in order to appeal the decision.

ARTICLE 7d: Dues shall be set by the Board of Directors at least six (6) months in advance. They are payable within thirty (30) days following reception of the call from the treasurer.

CODE OF ETHICS

IN THE CONDUCT OF MY BUSINESS, I, AS AN IASK MEMBER, COMMIT TO THE FOLLOWING PRINCIPLES

- I work with my clients in integrity and uphold professional confidentiality.
- I do not diagnose, prescribe or treat unless I have a license to do so.
- I use muscle-testing for bio-feedback purposes related to client education.
- I act in a manner, which reflects my respect and esteem for my clients, students and colleagues.
- I take responsibility for my continued growth and development.



IASK HOME OFFICE

4 rue de Melun
77930 Perthes en Gatinais
France
email: info@iask.org

IASK – CODE OF ETHICS

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- I act in a manner, which reflects my respect and esteem for my clients, students and colleagues.
- I take responsibility for my continued growth and development.

Date: _____ Signature: _____



Name: _____

Address: _____

City: _____ Postal Code: _____

State / Country: _____

Phone: _____ Fax: _____

Mobile: _____

e-mail: _____



IASK HOME OFFICE

4 rue de Melun
77930 Perthes en Gâtinais
France
Email: info@iask.org

MEMBERSHIP FORM 2011

Renewal First Time

Nota Bene: If you have not signed the **IASK** Code of Ethics yet, you must send it signed by regular mail together with this membership form to **IASK – HOME OFFICE**. Your name will appear on the list of members on the website, unless you cross this box : Do not forget to fill in and send back the Directory form that you can download from the website.

REGULAR MEMBERSHIP (40 €) - **SUPPORTING MEMBERSHIP (20 €)**

Family Name: _____

First Name: _____

Address: _____ Postal Code: _____

City/ State: _____ Country: _____

Home Telephone: _____ Business Telephone: _____

Fax: _____ E-mail: _____

Are you a member of a **KINESIOLOGY ASSOCIATION** in your country? Yes No

Name of Association: _____

I want to receive the Newsletter by e-mail? **Or by regular mail?**

LANGUAGE: English French Portuguese

ASSOCIATE MEMBERSHIP (100 €)

Name of Organization: _____

Address: _____ Postal Code: _____

City/ State: _____ Country: _____

Telephone: _____ Fax: _____

E-mail: _____

REASONS WHY I WANT TO REMAIN OR BECOME A MEMBER OF IASK

IASK BANK ACCOUNT NUMBER: 00010053273 64
ADDRESS: BNP PARIBAS France BNP - St Fargeau Ponthierry
Code BIC or SWIFT: BNPAFRPPMEL
IBAN FR 76 30004 02043 00010053273 64
You can also pay directly on the website www.iask.org with PAYPAL
NB: If you do not receive a receipt within a month please contact
IASK Home Office - info@iask.org