

## LATEST NEWS FROM THE IASK BOARD

*The Christmas and New Year's festivities are behind us, but the IASK board has Good News for you. ☺*

We had our now customary two day boardmeeting at the Home Office in Melun. Some of the members met in person, most of us were on Skype due to the very bad weather in Europe at the time.

Here is what we have to report:

1. **First of all**, it is now possible for you to **pay your Annual Membership Fee using Pay Pal**. It will be a great help for members outside Europe. We recommend that Europeans or members living within the European Union (who benefit from the European directive on free international bank transfers) go on wiring the money rather than using Pay Pal.
2. **Secondly**, we have firmed up the **program around our next Annual General Meeting (AGM)**, which – as you know – will take place in Copenhagen, Denmark **on May 27, 2010 at 7 pm**.

Following suggestions made by the membership these last years, the Board has organized **specific workshops**, either IASK's own or workshops developed by other professional organizations. We invite you to participate in two workshops around the AGM:

- **KATHIE GUHL AND DEBRA HURT'S** very unusual class **“Ethics, not Rules”**
  - **on May 27<sup>th</sup> - from 9 am till 5.30 pm.**



Ethics 1 is not another ‘pedantic’ lecture on Ethics. It is based on the myth of the wounded healer, Chiron the Centaur; Kathie and Debra lead us very gently into looking deep into ourselves to discover our own wounds - and motivations - to help others. Once insight is gained, the balances are very simple and effective. An experience and a learning process that will leave you moved. We will organize levels 2 and 3 at our next Conference in 2011.

**Tuition:** 120€ - Special rate for IASK members 80€

**Registration:** at [info@iask.org](mailto:info@iask.org) not later than April 15<sup>th</sup>

- A specific **IASK CLASS on “Research and Methodology”**
  - **on May 28<sup>th</sup> - from 9 am till 1 pm.**



We feel that although some research is being done about the effectiveness of kinesiological methods, a lot more is needed for us to ascertain that we are doing our job and for the public to be reassured that kinesiology is more than a great placebo effect; Two members of the board have already had some experience in participating in research projects and we are planning a 4-hour meeting to share best practices and to help would-be researchers get started. We intend to have a full-fledged workshop by our next Conference.

**Participation:** 25 € -

**Registration:** at [info@iask.org](mailto:info@iask.org) not later than April 15<sup>th</sup>

Also, we will have the opportunity to benefit from Donna Eden's teachings. She will be in Copenhagen, sponsored by The Danish School of Pedagogical Kinesiology together with Quantum Health Institute:

- DONNA EDEN's workshop on "*Bringing Energy Medicine into Health Care*"
  - on May 28<sup>th</sup> (evening), May 29<sup>th</sup> (all day) and May 30<sup>th</sup> (9 am till 1. pm).



Energy is the vital, living, moving force at the foundation of your well-being. At this workshop, you will learn how to increase your vitality, enhance your health and happiness, and send healing to areas of your body that need attention.

The techniques you will learn will enhance your own well-being and, if you are a health care practitioner, they will add new tools to your existing therapeutic approach.

**Tuition:** Early Bird" price = 1.500 Danish Crowns (about 200 €) for the first 100 persons who sign up. Otherwise, 1.800 DKK, with a 10 % discount as a member of an IASK (or another organisation)

**Registration:** at [www.qh-scandinavia.com](http://www.qh-scandinavia.com) and click on EVENTS.

*The text on Donna Eden's workshop is in English*

We are really looking forward to seeing a lot of kinesiologists from all over the world. Know that you will be meeting many Danish kinesiologists and other people working in the field of Health Care if you can stay for Donna Eden's workshop.

Please spread the news to people you know, and don't miss the chance!!!

## Last but not least, here is the provisional agenda for the AGM:

### IASK 2010 ANNUAL GENERAL MEETING May, 27th at 7 p.m. in Copenhagen, Denmark PROVISIONAL AGENDA

- Welcome by the President Annemarie Goldschmidt
- Proclamation of Chairman (MC)
- Proclamation of recording secretary
- Acceptance of the minutes from the AGM in Washington, USA
- Report from the President
- Financial report
- Website / Newsletter
- Membership:

- Dues: The Board suggests that the membership vote the following increase:

<b>45 €</b>	<b>25 €</b>	<b>110 €</b>
for Regular Member	for Supporting Member	for Associate Member

- Date and place of 2011 AGM and International Conference
- Date and place of 2012 AGM
- Miscellaneous

All IASK members are welcome to send their proposals for any point to be included under Miscellaneous before April 15<sup>th</sup>. Please send your proposals directly by e-mail to the President of IASK, Annemarie Goldschmidt ([dkpaed@yahoo.dk](mailto:dkpaed@yahoo.dk)).



## WHAT DO YOU NEED TO BECOME AN IASK MEMBER?

*UNDERSTAND AND SUPPORT THE AIMS AND GOALS OF IASK*

*COME AND JOIN US, SHARE OUR VISION*

*AS A COMMUNITY OF SPECIALIZED KINESIOLOGISTS!*

### **IASK AIMS**

- IASK is an international membership association of active Kinesiologists – a group of friends - who convey worldwide the spirit and ideals of Kinesiology.
- IASK brings together practitioners of all forms of Kinesiology.
- The members of IASK support, inspire and enrich each other in their own personal development and professional work.
- The abundance of knowledge and experience worldwide can, through sharing, become an invaluable source of productivity and creative growth.

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### **IASK GOALS**

- To establish the professional image of Kinesiology worldwide.
- To offer a platform for international exchange of personal and professional experiences.
  - To organize international conferences and meetings.
  - To be a forum for the introduction and discussion of new Kinesiology techniques.
- To provide guidance to allow practitioners to assume their personal responsibility based on the IASK Code of Ethics.

## **MEMBERSHIP**

In accordance with the Bylaws

### **ARTICLE 5: DEFINITIONS**

- a) *Specialized Kinesiology* is the art of assessing the energetic systems of a person by using precision muscle testing as a biofeedback mechanism. Using the same feedback, a *Specialized Kinesiologist* identifies appropriate protocols for promoting, restoring and maintaining balance within these energetic systems.
- b) A *Specialized Kinesiologist* is a registered member of IASK using *Specialized Kinesiological Methods* and an educational model to improve his/her clients' awareness and willingness to foster their own wellbeing.

### **MEMBERSHIP CATEGORIES**

There are four categories of membership.

**ARTICLE 6a:** All members of the Association agree to abide by, and uphold IASK's *CODE OF ETHICS*.

a) Membership in **IASK** is divided into four categories;

1. **REGULAR MEMBERSHIP:** Open to anyone who uses Specialized Kinesiology methods with clients and has signed the IASK Code of Ethics. The dues for regular membership are 40 euros.
2. **HONORARY MEMBERSHIP:** Offered by the Board of Directors for outstanding contribution to IASK and the field of Specialized Kinesiology. There are no dues for honorary membership.
3. **ASSOCIATE MEMBERSHIP:** Open to anyone or to any organization supporting and wishing to contribute to IASK's work and aims. The dues for associate membership are 100 euros.
4. **SUPPORTING MEMBERSHIP:** Open to students and retired Specialized Kinesiologists. The dues for this category of membership are half the amount set for regular members. The dues for supporting membership are 20 euros.

**ARTICLE 6b:** Regular and honorary members have the right to vote.

**ARTICLE 6c:** Membership shall be deemed to have lapsed if a member notifies the Board of Directors in writing of his or her intention to resign, or if a member's dues remain unpaid at the end of three months.

**ARTICLE 6d:** Membership may be terminated if the Board decides that a member has acted contrary to the purpose or the Code of Ethics of the Association. The member concerned may ask to appear before the Board of Directors in order to appeal the decision.

**ARTICLE 7d:** Dues shall be set by the Board of Directors at least six (6) months in advance. They are payable within thirty (30) days following reception of the call from the treasurer.

### **CODE OF ETHICS**

*IN THE CONDUCT OF MY BUSINESS, I, AS AN IASK MEMBER, COMMIT TO THE FOLLOWING PRINCIPLES:*

- I work with my clients in integrity and uphold professional confidentiality.
- I do not diagnose, prescribe or treat unless I have a license to do so.
- I use muscle-testing for bio-feedback purposes related to client education.
- I act in a manner, which reflects my respect and esteem for my clients, students and colleagues.
- I take responsibility for my continued growth and development.



**IASK - HOME OFFICE**

4, rue de Melun  
77930 - Perthes en Gatinais  
France  
e-mail: [info@iask.org](mailto:info@iask.org)

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Date: \_\_\_\_\_ Signature: \_\_\_\_\_



Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State / Country: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Mobile: \_\_\_\_\_

e-mail: \_\_\_\_\_



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**MEMBERSHIP FORM 2010**

Renewal  - First Time

**Nota Bene:** News members and members who have not yet signed the **IASK** Code of Ethics must send it by regular mail as well as this Membership Form to **IASK – HOME OFFICE**

**REGULAR MEMBERSHIP ( 40 €) - SUPPORTING MEMBERSHIP ( 20 €)**

Family Name: \_\_\_\_\_

First Name: \_\_\_\_\_

Address: \_\_\_\_\_

State / Country: \_\_\_\_\_

Home Telephone: \_\_\_\_\_ Business Telephone: \_\_\_\_\_

Fax: \_\_\_\_\_ E-mail: \_\_\_\_\_

Are you a member of a **Kinesiology Association** in your COUNTRY?  Yes  No

**Name of Association:** \_\_\_\_\_

**I want to receive the Newsletter by e-mail**  **Or by regular mail**

**LANGUAGE:** English  French  Portuguese  Danish

**ASSOCIATE MEMBERSHIP (100 €)**

Name of Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City/ State: \_\_\_\_\_ Country: \_\_\_\_\_

Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

**REASONS WHY I WANT TO REMAIN OR BECOME A MEMBER OF IASK**

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\_\_\_\_\_  
\_\_\_\_\_

**IASK BANK ACCOUNT NUMBER:** 00010053273 64

**ADDRESS:** BNP PARIBAS France BNP - St Fargeau Ponthierry

Code BIC or SWIFT: BNPAFRPPMEL

IBAN FR 76 30004 02043 00010053273 64

You can also pay directly on the website [www.iask.org](http://www.iask.org) with PAYPAL

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**NB: If you do not receive a receipt within a month please contact  
IASK - Home Office ([info@iask.org](mailto:info@iask.org))**